



Central American Medical Outreach Inc.  
CAMO

**Hope Sponsor Levels \$20 - \$450**

**Central American Medical Outreach (CAMO)** is a humanitarian organization whose mission is to improve the quality of life of Central Americans by strengthening health care systems and promoting sustainable community development. Our projects are supported by the generosity of individual and corporate donations. Your one-time or recurring donation helps provide essential medical, educational and community development services to promote positive outcomes and empower local citizens to reach their full potential and achieve a brighter future for Honduras.

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**Provide an Ultrasound to an expecting mother**

MEDICAL

Suggested \$20

**Donate \$20 and provide two ultrasounds to a pregnant woman in Honduras.**

The director of the Public Health Center requested the Ultrasound Program after witnessing many instances of pregnant women being turned away from the hospital, resulting in maternal and fetal death. She insisted on having an ultrasound to help resolve these issues. Today, CAMO had two employees dedicated to this program at the Public Health Center along with various counterparts, and has additional ultrasound machines placed in maternal health care facilities in Corquin and the public hospital. CAMO provides over 5,000 ultrasounds each year!

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**Provide Dental Care to a Family**

WOMEN & CHILDREN

Suggested \$100

100 public health dentists are responsible for the dental care of more than 4 million men, women and children in Honduras! CAMO's Dental Program travels to rural areas and schools to deliver dental care and education to villages that would otherwise never receive it. CAMO's dental program treats around thousands of individuals a year: statistically **decreasing (by 50%) the number of teeth lost by decay** and providing restorative services.

For \$5 our dentists can provide cleanings, fillings and a dental care kit (toothbrushes, toothpaste, floss, etc.) to someone in need. Your donation of \$25 can help support a whole family with dental care!

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**Provide Job Training to a Student at the Trade School**

EDUCATION

Suggested \$35

Job training provides a lifeline of hope.

The number of children living on the streets has been rising in Honduras' cities and so is the need for constructive programming in skills-based training. CAMO supports the local trade school with training in welding, carpentry, electrical work, sewing, culinary/catering, language-skills, and business management. The school is currently graduating over 800 students a year, helping to secure futures for each of these individuals and their families.

**For only \$35 a student can enroll in a class at the trade school.** Please consider sponsoring one of these students to help supply them with job skills and business training!



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Provide funds towards Maintenance of Health care center

**PROJECTS**

Suggested \$50

**The renovations to the Public Health Center in Santa Rosa cost \$50 per square foot.**

This public clinic is responsible for over 80,000 people and over 22 cities! For the past 50 years it has provided nearly 14,000 patient visits annually on a maintenance budget of \$20 a month! The new clinic was completed in 2014. We do not want it to decline as 800 patients a day receive service from this health clinic.

Before the renovation we found these conditions:

*Without glass or screens in many of the windows, the exam rooms are noisy and caked in dust. The ceilings are cracked with severe water damage and fissures from the weight of the cement roof. Poor electrical wiring, no plumbing, phones or security system and backed up sewage running across the floors have pushed the need to rebuild this facility.*

This clinic is vital to the basic health care needs of so many people. For only \$50 you can help contribute towards this project: and the health and well-being of thousands of individuals who use this facility by helping us to do preventive maintenance!

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**Connect a Baby to a Life-Saving Ventilator**

**WOMEN & CHILDREN**

Suggested \$75

Ventilator circuits cost only \$75 and can be reused and reutilized to help save multiple lives.

**Your donation will connect a baby to life-saving equipment.**

CAMO has supplied the NICU at the local hospital with 20 incubators and 7 ventilators along with nurses who are fully trained in Neonatal advanced life-support. There is now a ventilator in every ward of the hospital, along with continued education annually. [The Respiratory Therapy specialty does not exist in Honduras]

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**Provide a Safe Haven for a Domestic Violence Victim**

**WOMEN & CHILDREN**

Suggested \$100

Give one woman safe lodging and restorative food for one month at CAMO's Domestic Violence Shelter -Casa Hogar. Thanks to Casa Hogar, more than 800 women and children have found refuge, food, medical treatment, mental health counseling, job training, and most importantly a life-changing loving and caring environment. Casa Hogar provides 24/7 services to prevent deaths from domestic violence. It houses 44 women/children with comprehensive programming.



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**Support a Mom and her children for a month for only \$100.**

**Provide a Child with the Gift of Sight**

**MEDICAL**

Suggested \$400

CAMO's eye program improves the vision of over 2,000 patients a year: performing eye exams, providing sight restoring procedures and distributing eyeglasses. Starting in 1993 as one of CAMO's first programs, the simple eye clinic has grown into a state-of-the art eye surgery center. Through a continuing relationship with American counterparts, the Honduran eye surgeons are able to improve the level of care they can provide to the public.

Carlos lived in darkness after his sight had faded from diabetes and extreme sun exposure. But Dr. Robles, the director of the ophthalmology program, operated and brought it back. A sight restoring surgery costs only \$100. And a simple pair of eyeglasses is only \$50...for less than what you'd spend to replace your winter coat, **you can give the gift of sight!**

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**Provide Women with Peace of Mind [mammograms]**

**WOMEN & CHILDREN**

Suggested \$50

Breast cancer ranks first among cancers affecting females worldwide (with over a million occurring annually); and 42% of these occur in development countries! Screening mammography can increase dramatically your chances of early detection!

Your donation of \$100 provides not only the supplies for multiple breast x-rays, but readings, diagnosis and employee costs!

In 1999 CAMO founded the Multidisciplinary Breast Clinic [in the Public Health Clinic] to fill a gap that had previously existed in women's health care in Honduras. This clinic provides women with diagnostic and treatment services in one location. General physicians, oncologists, pathologists, radiologists and surgeons work as a team to provide the most complete care possible: in a timely, efficient manner. This program is a step towards the solution to one of the global health community's greatest concerns: the early detection, treatment and prevention of breast cancer.

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### Provide a Woman's Cervical Cancer Screenings, Diagnosis and Treatments

WOMEN & CHILDREN

Suggested \$150

Cervical Cancer is the second most frequent cancer in the world, accounting for 2.1% of deaths among females aged 25-64. More than 80% of these cases occur in developing countries. CAMO helps save 12 women a month from dying of cervical cancer.

When CAMO first began its cervical cancer program, **32 women were immediately diagnosed** with need for emergency surgery. Without our preventative screenings, diagnosis, treatments and surgeries, many women would die. CAMO now equips and maintains four clinics that are capable of diagnosing and treating cancerous cervical lesions and continues to provide training for the OB/GYN doctors.

Marie Torres lives high up in the mountains of Western Honduras, far away from any medical facilities. She walked for hours to find someone who could help—Maria was able to receive a diagnosis and get treatment for her life-threatening disease from CAMO. And she was able to return home to her mountain, and to the five children who call her mom.

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### Provide a whole year of meals for a child

WOMEN & CHILDREN

Suggested \$384

When you're making less than a dollar a day, childcare becomes unaffordable. Many low-income mothers are forced to leave their children home alone, or bring them to work with them. CAMO supports the local daycare center that cares for approximately 90 young children of poor families, providing them a safe haven during the day. These children receive 3 balanced meals, multi-vitamins and education from the staff.

For only \$170 you can provide 3 balanced meals a day for one of these children!  
**That's less than a dollar a day...**

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### Provide a Child with a Wheelchair

MEDICAL

Suggested \$150

This past year alone, **CAMO helped serve over 660** low-income individuals who were in need of wheelchairs and repairs! We distribute new and refurbished wheelchairs, walkers, crutches and canes to needy Hondurans through our wheelchair program. With an estimated 10% of the world's children suffering from a disability, your gift will help us provide a wheelchair to an individual in need!

Six year old Heidy was shot in the back and paralyzed. CAMO helped provide her and her family with a wheelchair--- repairing and replacing it as she grew up. She is now a vibrant, energetic adult, thanks to the life-enhancing support of her wheelchair.



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**Other ways you can Help!!**

**Share CAMO with others**

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**Arrange a speaking engagement for our Founder at your:**

- Church – mission moment or sermon
- Bible Study Group
- Women’s Club
- Book Club (there’s a CAMO book)
- Couples Club
- Service Groups
- Friends
- Rotary/ Lions Club

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**Donate your time:**

- Share your area of expertise (electronically or in-person)
- Volunteer at CAMO’s headquarters in Orrville
- Volunteer to become a counterpart (5-year one week per year commitment )
- Volunteer to be considered for Board Membership

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**Arrange a service project for your family or an event:**

**Baby Bundles -wrap supplies in the blanket and secure with the diaper pins!**

- 2 cloth diapers
- 1 receiving blanket (not knitted)
- 2 infant t-shirts
- 2 diaper pins
- 2 items such as baby lotion, brush/comb

**Dental Kits – place supplies in a quart Ziploc bag**

- Toothbrush
- Toothpaste
- Dental floss
- Soap

**School Supply Kits- fill pencil box with supplies**

- Pencil box
- Pencils
- Erasers
- Scissors
- Glue
- Crayons
- Ruler
- Small notepad