



CAMO

A different kind of aid organization



WINTER 2014 • YEAR IN REVIEW

CAMO is a non-profit, faith-based organization.

Brief Summary: CAMO's Fiscal Year 2013-2014



It would be easy to become overwhelmed with all the need in a developing country. People ask me questions every day which demonstrate the difficulty of understanding developing countries' poverty in comparison to that in the USA. The simplest answer is very few effective organizations exist and even fewer social services exist for the poor in a developing country. Poor people in Honduras have nothing to eat, period. There are no soup kitchens and there is nowhere to go if a sick person does not have a family member to care for him or her. These people simply wither away. Yes there is a poor population in the USA, but here in the States groups fight over the same funding to provide the same services in our communities. In contrast, Honduras has an overwhelming need and very few organizations (if any) are meeting these needs in a productive, sustainable way. Central American Medical Outreach Inc. (CAMO) has a long history of success of providing needed services, education and community development. Seeing value in the very things our systems in the USA would throw away, CAMO believes in repurposing medical supplies and equipment to save lives every day. Your donations of money, time and in-kind materials allow us to convert this into the following:



- 17 programs open 5 days a week; provide 134,022 services.
- 12 of our 17 programs sustain themselves with revenue produced by the program.
- Eight shipments of materials to Honduras: total value of \$2,320,031.00.
- 70 institutions (schools, clinics, hospitals, service groups and other non-profit organizations) received assistance from these supplies and equipment being shipped.
- Largest Public Health Center in Honduras demolition and rebuilding completed.
- New water system in Hospital Regional de Occidente 80% completed.
- We continue to meet all 20 standards of the BBB.
- Clean external audit every year since 1993.
- CAMO's administrative cost is 6.5%;



CAMO Programs:

CAMO programs are the heart of what we do. These services are being provided every day based on the needs of the population. Our USA and Honduras counterparts work together to make sure the programs have the materials and equipment necessary to provide the needed care.

Below you will see the last five years and the number of services rendered in each program.

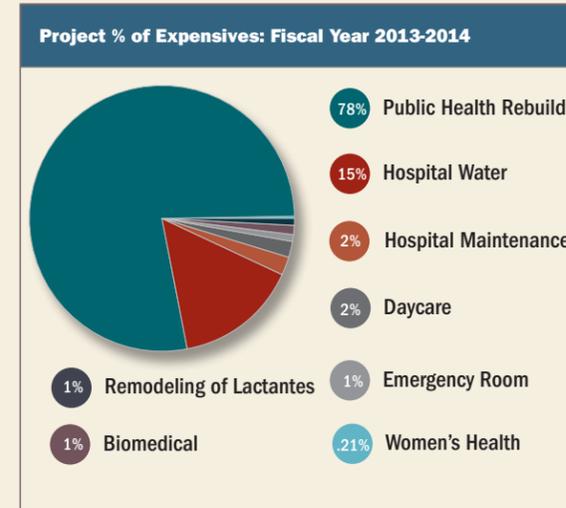
Program Services	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014
Prosthetic *	1,233	1,063	1,237	1,374	1,605
Wheelchair *	319	647	668	481	451
Ultrasounds *	3,614	5,057	5,125	5,018	4,970
Mammography	1,093	1,308	1,752	576	673
Dental Mobile	6,470	7,074	7,431	7,955	7,526
Dental Clinic (CAMO) *					165
Dental Stationary *	29,451	46,857	11,989	59,939	19,366
Ophthalmology *	1,519	1,893	2,151	1,933	1,816
General X-ray	2,849	3,232	3,075	3,454	2,420
Ventilator Use	329	233	295	291	337
Audiometry *	1,551	2,182	1,746	1,822	2,013
Cervical Cancer	204	237	149	140	175
Neurosurgery *	105	76	102	67	209
Urology	361	419	295	526	278
Endoscopy/Gastric Cancer Research*	1,420	1,158	1,197	1,790	1,659
Biomed Equipment Usage*	86,917	117,756	115,976	77,732	89,436
Dermatology *		78	187	249	272
National Training AHA Center CAMO *	286	339	38	425	634
Orthopedics	9	28	20	11	17
Total Services (FY)	137,730	189,637	153,775	163,783	134,022

The programs which generate enough income to support themselves have an * after their names.



CAMO Projects:

It's all about taking care of the needs. Terrible, unacceptable situations were happening every day. Patients being treated for parasites were given contaminated water in which to take their medication, roofs were caving in on the patients and sewage from over 200 people a day overflowed onto the ground and ran into the center of the city. The need was overwhelming. Our projects identify such grave needs while at the same time, implement solutions. Our projects have an immense impact on the public and create a healthy community. Below is a list of our completed projects included and the expense invested in them (by CAMO) during the 2013-2014 fiscal year.



CAMO Projects (Fiscal Year 2013-2014)	Amount
Hospital Maintenance	\$8,580.34
Hospital Water	\$59,555.50
Public Health Demolition/Rebuilding	\$297,396.98
Biomedical	\$4,091.14
Women's Health	\$820.20
Remodeling of Lactantes	\$2,689.76
Emergency Room	\$3,466.67
Daycare	\$6,285.75
Total Expense	\$382,886.33

Community Development:

We continue to sit on the following boards to monitor activities and assist with future development:

Community Center/Gymnasium (Board President): Under CAMO's leadership, this Community Gym is now self-sufficient and has increased in physical size with a covered soccer field and more area for children to play. It continues to sustain and increase services through its own profit. Over 300 people, both young and old, use this facility every day. We are looking at an expansion of a Boys and Girls Club within this facility which would help mentor at-risk children. The gym applied to be its own association and separate itself from political influences. We have successfully accomplished this which will secure its future progression even in the event of political changes.

Women's Shelter (Vice President): The women's shelter provides 24/7 service to prevent deaths from domestic violence. More than 480 women and children have received protection and support services from our shelter. The Women's Shelter raises 22% of its budget from within Honduras. We have started training in the rural communities and are working closely with the surrounding mayor's office to create a safe place for women. In addition, we are teaching women to learn and identify abuse and give them solutions along with a safe haven during their crisis.

Trade School (Treasurer): This school continues to provide classes and opportunities to many youth who otherwise would never have a trade or an income to support themselves. CAMO provides most of the sewing machines and carpentry equipment and also helps to maintain and provide parts for the equipment.

We continue to fill the gaps for institutions serving the very poor. Without our assistance, their systems, structures and services would be very limited or would have collapsed.

Daycare Center: This daycare provides services for working mothers who earn below poverty levels. We provide a full-time certified teacher, a full-time maintenance man, food and medicine. This service provides 90 children with a safe environment from 6AM-6PM, Monday-Friday. The support of this facility costs CAMO \$8,000 a year.

Cultural Center: We continue to collect musical instruments in support of the musical department at the Cultural Center.

Hospital Regional de Occidente (HRO): In support of this facility, we have provided three full-time maintenance men who have been trained to maintain the electric system, communication systems (telephone and network of data information) and the medical compressed air system. We continue with the collaborative efforts for repair and maintenance toward

improvements of the facility. CAMO has five full-time employees working in the hospital at this time. Three of those employees' funding is provided to CAMO by the coffee companies of Honduras. HRO continues to be the largest recipient of our material and equipment donations.

Public Health Center: This public health center was collapsing. The project started in October of 2012 and by October 31, 2014 the reconstruction was completed with over \$650,000 invested. It is the largest, most modern public health center in Honduras. With over 500 services a day, the public health center has 37 treatment areas and also houses four of CAMO's programs including cervical cancer, ultrasound, mammography and general x-ray services. In addition, this center has dental, pharmacy, laboratory, prenatal care, planned parenting, AIDS counseling, pediatric clinics, a vaccination program, and general medical among other services.



What to expect next year:

The Literacy Program is currently in 5 rural schools. Due to such high success, we are increasing this to include 5 more rural schools and also are increasing the number of books in the first 5 schools.

Completion of the Water Project Hospital de Occidente. This will be the first time in the history of the hospital that the facility will have potable water. Estimated completion date, October 2015.

Pilot program to start second phase. This includes an orientation program for all new nurses entering the hospital. In addition, all nurses presently employed by the hospital will have been mentored and trained in standard procedures over the next 12 months and will be given a procedure manual for easy reference. Special thanks to the Aultman College of Nursing for training the trainers.

Expansion of activities for youth in the Community Gym/Center.

Focus on strengthening our programs and services to the patients.

In Closing:

It may seem normal to look at a problem and be overwhelmed, but to make excuses and do nothing because the task seems too big is not an option. If we continue to make excuses as to why we cannot help the human condition, these conditions will only grow worse. Strengthening the public health system and providing the community with facilities and programming to keep people educated and active are small steps to picking away at the seemingly overwhelming needs. We know the tasks are great, but for 21 years we have been picking away at the problems and creating solutions. We are so grateful for your journey with us. Thank you for being a large part of making all of this possible.

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