

CAMO A different kind of aid organization

Year-End Review 2016

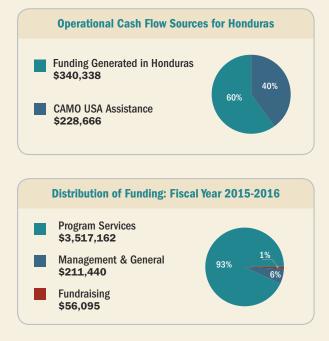
CAMO is a non-profit, faith-based organization.

BRIEF SUMMARY

CAMO's Fiscal Year 2015-2016

CAMO is unique!

Whether proven in the consistency of CAMO's 17 ongoing programs or proven by the impact of CAMO-pioneered community institutions, the CAMO Model continues to change the culture in Honduras by promoting productive relationships and creating opportunities for change. CAMO believes in encouraging sustainability and helping people become independent rather than dependent on international aid. With a proven track record of sustainability and attention to quality of care, CAMO continues to impact poor, underserved populations in Central America while maintaining low administrative costs. In fact, CAMO-Honduras (to date) raises 60% of its own operational costs. These successes would not be possible without the generous and loyal support of donor and volunteer networks. Together, we are changing the community of Santa Rosa de Copán and beyond. The following report includes a summary of key points of the last 12 months.





- CAMO expanded its contracts with small rural towns from 6 to 13 contracts. These contracts provide residents with 4 health care visits per year. CAMO staff and Honduran medical volunteers travel two times per week to these rural communities to provide a wide range of medical services with specialists.
- CAMO continues to maintain the largest Public Health Center in Honduras while operating four stable programs from this center. Services have increased to 800 patients per day.
- Seven containers were shipped to Honduras. The products in those containers, valued at over \$1.5 million, served 62 different institutions.
- CAMO's biomedical engineering department maintains 3,000 pieces of equipment and has expanded to include four employees.
- In March of 2016, the Swiss-based van Kesteren Foundation gave to CAMO five acres of land and a

building structure for an educational facility. The completed facility is targeted to open early 2017 and will focus on two areas: continuing education for medical professionals and ethical leadership development.

- Dick Seaman and the Burton D. Morgan Foundation with Mike Pallota of Pallota Ford in Wooster, Ohio donated a cargo van to the CAMO-USA facility.
- CAMO continues to meet all 20 standards for the BBB and has had clean external audits since its inception in 1993.
- CAMO continues to be the largest certification organization in Honduras under the American Heart Association (AHA) for CPR, ACLS and PALS.
- Executive Directors have been appointed to CAMO-USA and CAMO-Honduras. Founder Kathryn Tschiegg has been appointed as International Director with the goal of expanding the vision of CAMO and promoting the CAMO model.

MEDICAL Services

CAMO Service and Program Statistics



Counterpart solutions instead of Band-Aid "fixes"

The CAMO Model utilizes a counterpart system for sustainability in all provided services. This model not only promotes development for professionals, but it also encourages quality and compassionate patient care. CAMO maintains 17 active programs in the areas of women and children, disability services, general medical, surgical, and education and training. Programs operate 5 days a week. The Public Health Center, since extending its hours of service, has seen an increase from 380 patients a day to 800. The ultrasound and X-ray programs have expanded from their original locations to include dedicated satellite sites. CAMO has opened neurology programs and closed its urology program with a goal of reopening again in the future when a productive counterpart relationship becomes available.

Programs and Services	2012-2013	2013-2014	2014-2015	2015-2016
Prosthetics	1,374	1,605	1,263	1,373
Wheelchair	481	451	529	636
Ultrasound Programs	5,018	4,970	4,373	6,829
Mammography	576	673	1,026	1,864
Dental Mobile Unit	7,955	7,526	4,464	7,260
Dental Clinic CAMO		165	645	692
Dental Stationary Clinics	59,939	19,366	32,810	22,690
Ophthalmology	1,933	1,816	2,215	2,996
General X-ray	3,454	2,420	2,072	1,715
Ventilator (USA)	291	337	339	326
Audiometry	1,822	2,013	1,417	1,800
Cervical Cancer	140	175	228	348
Neurosurgery	67	209	41	65
Urology	526	278	0	0
Endoscopy/Gastric Cancer	1,790	1,659	1,584	987
Use of CAMO Medical Equipment	77,732	89,436	82,846	80,448
Dermatology	249	272	241	237
CAMO National Training Center for AHA	425	634	661	857
Educational Courses (various)			145	74
Standardization of Care (Nurses Certified)			60	154
Orthopedics	11	17	10	56
Total Fiscal Year	163,783	134,022	136,969	131,407

(Persons Served per Program/Service Area by Fiscal Year)



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EDUCATION

In order to close current gaps in care and increase availability of professionals with specialized technical skills, more standardized and intensive training programs are required. Specialized training has often been sporadic and incomplete due to limited space and a lack of formalized training programs.

Academy of Higher Learning (Pilot Year 2017)

With the completion the Academy of Higher Learning on the horizon, CAMO is excited to offer education and training in Leadership, Nursing Protocols, Intensive Care and Cytotechnology and Histotechnology. Leadership training will be a standard part of all offered curriculum, with each course integrating ethical leadership principles. CAMO believes this type of training is vital in developing the next generation of medical professionals and future leaders. Later, the hope is to add courses for Respiratory Therapy and USG operation. The Academy will allow CAMO to take full advantage of its established partnerships with educators, NGOs, hospitals, and universities. In addition, with the advent of remote learning opportunities and training exchanges, it is more feasible to expand upon the contributions of experts from around the world.

Literacy Program

CAMO is collaborating with Third World Books, Inc. (TWB) and St. Paul's Cleveland Heights Global Mission Action Group (GMAG) to donate 300 books across 10 rural Honduran school libraries. And the program is flourishing! Students enthusiastically use every book, and even have started lending their books to five other local schools which do not yet have libraries.

Gastric Cancer Research

CAMO continues to provide administrative support for Gastric Cancer Research in Honduras, El Salvador and Nicaragua. CAMO maintains its partnership with Vanderbilt University and assists with staff, logistics, documentation and coordination of the research. CAMO offices are the base of operation for Vanderbilt medical students who regularly travel to Honduras to assist with research and documentation.

CAMO National Training Center for AHA

This program, which travels throughout Honduras providing training to companies and health care facility staff, continues to grow. The Honduras Medical Association is entering a contract with CAMO to be the sole agency providing AHA education to medical professionals throughout Honduras. After a 20-year journey to get to this point, CAMO continues to be the largest certification group for the AHA in Honduras.

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COMMUNITY DEVELOPMENT

Since 2004, CAMO has taken a holistic approach to implement healthy development within communities.

In 2016, CAMO continued to develop facilities in Santa Rosa de Copán which promote security and well-being. Institutions like the daycare center, community center, trade school, cultural center and public health care center impact an estimated 600 to 800 preschool-aged children and youth per day and provide safe, healthy alternatives to violent street life. The women's shelter continues to provide support and resources to those escaping domestic violence. Such programming allows CAMO to work with people of all ages to help combat feelings of fear.

CAMO's community development integration programs have promoted Santa Rosa de Copán to become known as the "safest city" in Honduras (based on its number of murders per capita per year). Further, CAMO's continued assistance ensures the forward progression of the systems, structures and services in Western Honduras. These vital institutions serve poor populations and help the community strive toward economic sustainability.

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Community Gym (Board President)

(Doura Fresideni)

CAMO purchased a 28-passenger bus to transport children from 17 elementary schools to the community gym on a weekly basis. The gym offers a scheduled intramural program which rotates children through different activities. The community gym has become the place of champions, hosting chess tournaments, table tennis matches, along with basketball, volleyball and soccer games. In addition, martial arts, aerobic and weight training opportunities are offered.

On the horizon for the gym are plans for expansion, including enlarged and re-envisioned community mentoring spaces. Expansion would create secure areas including classrooms for after-school programs, an area specific for women and children and a cafeteria. The increased area also would allow space for nutrition education, and the cafeteria would offer products and nutritional foods promoted in those healthy education classes. Moving forward with these plans would require donations of at least \$100,000.





Women's Shelter

(Board President)

Over 800 women and children have been housed in Casa Hogar since 2010, as the percentage of women leaving their abusers continues to climb. CAMO helps many Casa Hogar residents take advantage of job placement opportunities, while other residents seek futures with micro-businesses. Up to 51% of the shelter's cost is covered from funding within Honduras, while CAMO-USA provides the other 49% through its annual Salsa Sizzle fundraising event.





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Daycare

The public daycare center cares for 90 children, aged six-months to six-years, who would otherwise be on the streets or locked in a home to fend for themselves. CAMO provides a full-time teacher, facility maintenance, supplies, along with three daily meals and vitamins for the children. In 2016, the Mattel Children's Foundation was instrumental in providing funding toward the following costs: teacher salary, nutritional elements and improvement of the daycare's physical environment. The Mattel Children's Foundation also generously donated many toys for the children. The director of the Ministry of Education in Western Honduras recognizes that children who spend their preschool years at this daycare center are the best-behaved and the best-prepared for first grade compared to other children in the same community. This will be the twelfth year of support CAMO has given to the daycare.

Public Health Care System (Contracts & Programs)

After visiting CAMO in March 2016, the Minister of Health asked CAMO to take over complete management of the Hospital Regional de Occidente by January, 2017. This very same hospital 36 years ago drove Peace Corp nurse Kathy Tschiegg to take action and start CAMO. Initial diagnostics of the hospital prove that much work is needed. The outcome of this report has been given to the Ministry of Health and the impact remains to be seen. Updates forthcoming.

Trade School (Board President)

CAMO has received a grant to improve the trade school. Plans to update include a housing area for rural students who otherwise could not commute daily to and from the facility. In addition, CAMO plans to add more classrooms and labs to house different specialty areas of training. The trade school continues to graduate an average of 600 students per year.







Heartfelt Thanks to All CAMO Donors and Volunteers!

The following donors gave upwards of \$10,000 in combined monetary contributions and medical equipment/materials donations

FOUNDATIONS

American Endowment Foundation Burton D. Morgan Foundation The Corley Foundation Donald and Alice Noble Foundation The Lehman Family Foundation The Mattel Children's Foundation Orren B. & Pauline Weitzel Charitable Fund Seaman Family Foundation Tom and Sharon Diller Foundation W. Henry Hoover Fund

ACADEMIA

Vanderbilt University

CHURCHES

Salem Mennonite Church Smithville Brethren Church St. Paul's Episcopal Church (and Third World Books)

CORPORATE

Anesthesia Specialties, Inc. Aultman Hospital Banco de Occidente (Honduras) Beneficio Santa Rosa Café (Honduras) Concentrados y Servicios Múltiples S.A. de C.V. (Honduras) Concordance Healthcare Solutions Municipal Governments

(CAMO supports 14 in Honduras) Pallotta Ford Lincoln Supermercado El 20 Menos (Honduras) United Titanium, Inc.

INDIVIDUALS

Board Members in the USA and Honduras Allen Chan Estate of Treva A. McConahay David & Gayle Noble Ronald L. Taggart Dr. Kevin Waltz Charles & Lynette Wood

What is on the Horizon for CAMO?

Expansion in CAMO's future

With the 2017 completion and opening of the Academy of Higher Learning quickly approaching, CAMO is also focusing on expanding the existing trade school. This expansion will include curriculum development into other areas of trade education and housing for students who cannot afford a daily commute between their homes and Santa Rosa. The needed funds for these projects total at least \$300,000. CAMO also is seeking to expand the community gym to house an area for an after-school mentoring program for at-risk children, which will cost \$100,000.

CAMO also hopes to make technological advances in radiology. Converting film-based x-ray programs to digitally-based programs will cost \$50,000. Meanwhile, maintaining CAMO's existing 17 programs and its continued services to rural areas (with the cooperation of municipal governments) remains vital to people who rely on these services.

Traffic conditions are new concerns for CAMO, as well. Traffic jams blocking physical access to the emergency room have resulted in unnecessary and senseless deaths. Rerouting traffic to create a parking area for food vendors, visitors and employees would ensure no one else has to die because of blocked roadways. Completing the proposed traffic changes and creating parking spaces for 1,000 people (who daily flow through the hospital) would cost \$150,000.

Throughout all of these expansions and opportunities, CAMO continues to be driven by the priceless value of volunteerism. Youth volunteers in Honduras show leadership and initiative by reaching out and actively changing Santa Rosa's youth culture. Volunteers in both Honduras and the USA are making a difference through CAMO by converting hope to reality. And your faithful commitment to CAMO's mission means more than you know.



HOW CAN YOU HELP?

Volunteer!

Make a donation!

Host a CAMO Awareness or Fundraising event. Ask about "CAMO in a Box" coming in 2017!

Be a part of our CAMO Challenge! Ask us how!

Make CAMO a part of your Planned Giving!

Find CAMO on Social Media and SHARE what we do! Raising awareness is key to CAMO's success!

Pass on the newsletter to someone who does not know CAMO's mission!



Follow CAMO on Twitter @CAMOBringsHope



Like **Central American Medical Outreach** on Facebook and SHARE with your friends!



See CAMO's story as it unfolds. Follow **camobringshope** on Instagram



Be a part of CAMO's exciting journey by subscribing to the **CAMO USA** channel

In Closing

These are images of the people we serve. Imagine their everyday living conditions – dirt floors, open fires, and rutted, stony paths which serve as roads – these are the realities of Honduras. But with every service and every opportunity CAMO provides, real people are given voices and hope.

This pivotal year of 2016 moved CAMO into an unexpected, yet exciting "fast forward." Executive Directors have been named in both countries. CAMO's 5-year strategic plan was enacted early in order to respond to two major advances in one week: the large combined donation of land and building for the Academy of Higher Learning and the unexpected offer and present negotiations of the management of the 3rd largest public hospital in Honduras. CAMO increased its reach from 6 rural governments to 13 in 2016, and the Literacy program expanded from 5 to 10 schools. Transitioning Executive Director/Founder Kathryn Tschiegg into the role of International Director will allow CAMO to grow even further through more public education and promotion of the CAMO Model. Yet, in light of CAMO's successes, the focus still remains on sustainability in the areas of education, community development and improvement of health care. CAMO is grateful for all its donors; thank you for your partnership in bringing hope and empowerment to the people of Honduras.





Sincerely, CAMO Board of Directors

Jim Kleinfelter, President & CEO, Geauga Savings Bank

Colleen Teague, Associate Professor, Wayne College Kathryn Tschiegg, RN, BBA, Founder and International Director

Jorge Romero, M.D.

Rev. Lynette Wood, Retired Methodist Minister

Dr. Joe Marino

Mike McClintock, Board President, McClintock Electric

Pat Lorson, General Manager, Riverview Industrial Wood Products

Robyn McClintock, Vice President/Regional Manager, Commercial & Savings Bank