



CAMO

A different kind of aid organization



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CAMO is a non-profit, faith-based organization.

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A Tribute

Sometimes we cannot see the lessons we have learned until the teacher is gone. My dad passed away January 21st 2010. Four months before his 84th birthday. Dad and Mom taught me so many things in life. As I reflect about those lessons learned from my dad, one was a constant demonstration throughout his life. As I would visit or work with him in his workshop, he would work with wood, he could make it come to life in another form. With his lathe, band saw, table saw, planers, and sanders, he could take the imperfect and make it perfect. What I would



"Thanks Dad"

see every moment I shared with him was his desire and search to make it better, to improve his technique or the product. He would take a bell he had just made and show it to me, I thought it looked perfect, but Dad only saw how he could make it better, and he would. This lesson lives within me, just to be is not enough, and to be good is not enough. To be excellent and humble at the same time was who my dad was. He was humble enough to see his imperfections not only as a craftsman but also as a person, and persistent enough to improve in any way. This lesson I have carried with me. Growing CAMO from a duffle bag in my living room to what we are today. We can never be as good as one should be. Each year we become better, each year we grow, we re-sand the finish, to take out the imperfections. My dad has gone on to his next stage, his lessons remain with me. The last two years of his life were difficult, but he had an unbelievable ability to improve on who he was even though he was suffering. This simple loving lesson from my dad is: "You can always improve, but you have to be humble enough to recognize your imperfections and persistent enough to strive to be better no matter what the circumstances."

With loving memories, thanks Dad.

The model works but only with the right type of professionals

The counterpart system has seen great success and will continue to do so. It is only through the dedication of skilled individuals and development of relationships with others that have the same skills, we are able to have a great impact on a struggling government and health care system. This year instead of writing about each specialty and their work, we would like to recognize the volunteers through the people they serve. Below you will see the list of volunteers, their specialty, and the statistical value of their work during the months of February and March. The rest of the newsletter is dedicated to those we serve and their stories.

Thank you to the following February/March Team Volunteers:

Administration:

Kathryn Tschiegg RN, BBA,
Founder/CEO
Dr. Anabis Vera Gonzales

Construction:

Tim Weeman
Eric McKeal
John Davis

Dental:

Dr. Mark Gustafson
Dr. Ted Crawford
Cindy Mullet, Dental Assistant
Loretta Erb, Dental Assistant
Beth Pycraft, Dental Hygienist
Gary Brown, Dental Equip.Repair
Barbara Mckee, Translator
Robert Gandy, Translator
James Hannum, Translator

Eye Clinic:

Dr. Ron Pycraft
Kathy Byrnes, RN
Judy Thomas
Marcia Murphy

Eye Surgery:

Dr. John Thomas
Dr. Sharon Stern
Deb Miller, RN

Fetal Monitoring:

Mary Loder, RN
Marion Hernandez, Translator

Urology:

Dr. Paul Crowley
Nancy Likens, RN
Dr. Sharon Stern

Maintenance:

Clarence Emanuel
Harold Shetter

Respiratory Education:

Susan Shetter, RRT
Tim Larson, RRT-NPS, AE-C
Cathi Kroon, Translator
Ralph Stampone, Translator

Ultrasound/Colposcopy:

Dr. Jorge Romero

Asthma Training:

Emily Lee
Tony Barba, Translator

Biomed Equip. Repair:

Bob Warner
John Gallagher
Allen Dicks
Charles Kroon

Neonatology:

Dr. Brenda Douglass
Julie Allman, RN
Indira Carroll, RN, NP
Christen Marzilli, RN
Linda Pratt,Translator

Nutritionist:

Bobbie Randall

Plastic Surgery:

Dr. Les Mohler
Dr. Linda Camp
Dr. Sharon Stern
Rosi Mohler, RN
Katie Simmons, RN
Deb Miller, RN
Nancy Likens, RN
Angela Neff

Prosthetics:

Mark Gorman

Pathology Lab:

Dr. Arun Masih
Susan Borocz

ER Development:

Dr. Tony Lazcano

Security System, Women's Shelter

Scott Zacharias

Women's Shelter Infrastructure:

Thelma Greaser
Sally Zimmerman
Ruth Brown, RNC
Cameron Maneese
Jean Morgan, RN (SANE development)

Women's Sports:

Julia Bogner

PALS :

Carlos Delgado
David Goo
Ricardo Jimenez

Team Report Summary 2010

Specialty	Description	Services Provided	Value of Services
Colposcopy/Ultrasound	Ultrasound Training & Colposcopy Training	36 hours, 15 Students-30 Ultrasound, 8 Students-Colposcopy	\$7,200.00
Eye Clinic	Eye Clinic	152 Consults, 24 Drops, 47 Glasses	\$13,658.00
Eye Surgery	Eye Surgeries & Different Eye Problems	31 Surgeries	\$89,965.00
Fetal Monitoring	Fetal Monitoring Training	31 hours, 60 Students	\$1,984.00
Respiratory Therapy	Respiratory Pathology training	28.5 hours, 51 Students	\$1,824.00
Dental	Dental Care	484 Patients, 455 Extractions, 234 Fillings, 59 Cleanings	\$102,345.00
Dental Repair	Health Centers & School Dental Equipment Repair	36 hours, 35 items of completed work	\$2,520.00
Domestic Violence with Sally Zimmerman	Shelter Procedures & Management Training	43.5 hours, 7 Students	\$5,220.00
SANE	SANE Classes	19.5 hours, 43 Students	\$11,852.50
Neonatal Educational	Neonatal STABLES Program	52 hours, 15 Students	\$11,840.00
Asthma	Open Airways for School., Asthma / Spirometry Training	63.5 hours, 181 Students	\$6,782.00
Domestic Violence with Thelma Greaser	DV Training to People Involved from Governmental Organizations	34 hours, 28 Students	\$4,180.00
E.R Triage, ATLS	Emergency Department Development Triage, ATLS	45.5 hours, 8 Students	\$4,550.00
Construction Team	Women's Shelter Security System Installation	170 hours	\$4,250.00
Educational Tennis	Educational Tennis Class	38.5 hours, 140 Students	\$1,540.00
Educational Nutrition	Diet Terminology, Menu Changes, Cleaning, Food Safety, General Training	28 hours, 17 Students	\$1,017.00
Educational Pathology	Pathology Training	78.5 hours, 9 Students	\$27,158.50
Maintenance	Maintenance of Hospital	40 hours, Miscellaneous Appliance Repair	\$3,600.00
Concrete Women's Shelter	Pouring and Finish Cement of Womens Shelter	53.5 hours, Cemented the Women's Shelter	\$6,460.00
Biomedical (Frank)	Biomedical Equipment Repair	315.5 hours, 77 Equipment Repairs	\$20,410.00
Educational English	English Classes, Mostly for Children	30 hours, 36 Students	\$1,500.00
Urology Surgery	Urology Surgeries	29 Consults, 14 Surgeries	\$38,680.00
Plastic Surgery	Plastic Surgeries in HRO	16 Consults, 52 Surgeries	\$113,255.00
Prosthetic	Prosthetic Education of Staff	44.47 hours, 4 Patients	\$3,335.00
PALS	PALS / Renewal, Training	44 hours, 46 Students, Trained Instructor PALS/Renewal	\$6,620.00
Total			\$491,746.00

Tending the Bathroom

It was not her diabetes that made her angry. It was not the loss of her leg or her vision. It was the fact that she could no longer do her job. She could no longer work as the lady who tends the market bathroom. Her children caring for her felt she could no longer work at the market and it was better for her to be confined to their modest home. This did anger Dona Rubenia, a woman small in stature but fierce in determination. She refused to be confined to the house and sought help first for her vision. Cataracts had made it impossible to distinguish between a 10 lempira bill and a one lempira bill. She needed to see to do her job. Dr. Robles, one of CAMO's program counterparts, preformed the surgery successfully. As I visited her in front of the restrooms at the market, she would take payment for the use of the bathroom, three lempira's per client. As she made change she smiled and held the bills saying, "They can not fool me any more, I can see the difference."

Her journey with CAMO did not stop there. Today Dona Rubenia received her new leg and stands with pride. Refusing to allow anyone or anything get the best of her, she takes her place proudly at the market.



Dona - "They can not fool me anymore, I can see the difference."

Growing Strong

Stephanie is five years old and a bundle of energy. Curious, beautiful, with long black hair, a bit timid at first, but soon warms up to those around her. She does not like to see sick people, it reminds her of something, not sure what, too young to possibly remember. Stephanie was born two months premature. She was in the neonatal unit for 15 days and was supported by equipment, specifically the ventilators, donated by CAMO. For five days the ventilator supported her undeveloped lungs. It is just a faint memory for Stephanie, but a constant reminder for those who would have lost her forever. There are two Stephanie's every day in the NICU unit. Without CAMO's support, this unit would not exist. Looking at Stephanie, it is clear our work must continue. Due to CAMO's intervention of equipment and education, the mortality has decreased by 50% in the last 10 years.



Stephanie is alive and well. And to think ten years earlier she would have perished.



Through the porthole of CAMO's work, you see the Neonatal being saved.

Patient #69

It was early Sunday morning at the Main Office in Honduras, we were closed, but I stopped by the office to pick up some information to prepare for the team the next day. There they were, a poor father with his son Darlin. As I walked out the door they approached me. The father stood there in old clothes, sweating from the walk. He pulled his 9 year old son close to him and asked "Can you help my son"? As I asked the question "what does your son need," the father stretched out the hands of his son. Both hands had a non functional sixth digit that was connected to a functional thumb. I knew that the plastic team already had many more patients than they could possibly see in one week. Looking into the eyes of this father, knowing that they had already traveled for 2 days, I could not refuse them. "Tomorrow at 7:00 am, make sure you are not late. Hand this paper to Anabel and tell her I want your son to be seen". So it was, he was seen and our wonderful plastic team found time for the 69th patient of the day. The surgery was performed the next day and in this case a picture is worth a thousand words.



Darlin's hands before surgery

His smile lit up the room, because he was so proud of his new hands. Darlin's face tells the story.

September 28th they said it could not be done:

As all the volunteer groups sat around the table, I presented a timeline to complete the addition to the CAMO USA facility. The timeline started October 15th and ended January 28th. Sitting around the table, we had plumbing, heating/cooling, electrical, construction and lumber companies represented, who were willing to volunteer the labor and discount the materials. As we spoke it became clear that no one felt that this was a reasonable timeline. Basically it could not be done. However, thanks to the many volunteers and great companies, we completed the building and had the inauguration February 5th.

In our December issue we mentioned all the volunteers, companies and their contributions. You can find this information on our website at www.camo.org. The most important element of this, is the human one. People worked many hours, and because of the hours worked it has empowered CAMO to be more effective in the process of sorting the many donations of medical supplies and medical equipment, along with a sundry of other needed items. This improvement has allowed us to expand our services in Honduras. More equipment is being processed and thus more services are being rendered. Medical supplies are getting to the poor health clinics and hospitals, schools are getting supplies. Today more than ever they are needed. More than 130 institutions receive help from CAMO. Fifteen of the eighteen departments (states) of Honduras have received assistance from CAMO in the last twelve months. We provide over 100,000 direct services per year to those in need. This is due to you, and our many volunteers. Thank you for your support. We will continue our work to provide care for those in desperate need.



Framing of Addition to CAMO USA



New crating & equipment area with a new entrance to receive donated equipment



Completion of Addition

Because you Ask

The political climate is stable, but there are two privately owned training camps for Venezuelan and other mercenaries. The powers to be want Honduras to fall into the hands of the drug cartels and the movement of dictators hiding behind the word socialism. Today our work is needed more than ever before. Now a poor government infiltrated with corruption stands alone in its fight for democracy. We are seeing more volunteerism on the part of the Hondurans. There is more of a willingness and determination to improve their situation, and we are seeing they are well aware that it is up to the individual to work hard. The change in parties has brought about good change. We are seeing medicine start to flow to those in need, roads are being fixed, and activities that I have not seen in the last 3 years are starting to improve. I really do not believe what I read and I certainly do not put any merit of honesty to the syndicated news medias. I only believe the evidence and right now the evidence is showing a country that is improving the infrastructure and safety for the entire population of Honduras.

**Go
Green!**

Donate your old cellular telephones and empty ink cartridges to CAMO.

Please call the office for more information: (330) 683-5956 • (330) 313-1000

Please visit our website at www.camo.org to view more photos of the Women's Shelter. Also, click on the Facebook link to view more activities about CAMO.

Women's Shelter:

CAMO would like to introduce our director for the Women's Shelter in Honduras, Carmen Gloria Quiroz. She comes to us with an impressive record in her lifetime work with domestic violence. She has worked in shelters in Spain, Costa Rica and Chile. She was the woman who initiated and directed the first shelter in Chile. This model has grown to 22 shelters to date, and has effectively reduced feminecide in Chile. This shelter will be the largest shelter in Central America. At this time we also believe it is the largest shelter in South America. The following is Carmen Gloria's perspective on the new Women's Shelter and her work. *Cont'd on page 6*



Carmen Gloria Quiroz in front of the new shelter. A place of Hope, Love and Healing.



Courtyard view inside the shelter



Hallway outside bedrooms that lead to courtyard

Cont'd from page 5

Getting Ready for the Opening:



In the beginning

urgent need of this project. It is the best domestic violence shelter that I have ever worked, and I am sure that it will make a difference not only in the construction but on the concept of the project: it will be public and the community will be in charge of protecting it together with the authorities of Santa Rosa. It is well protected with strong walls on the outside and inside, it has the design of a Middle Age cloister, (monastery) a big garden surrounded by a hall where the bedrooms encircle the courtyard. When the women get there, they will find a team of women workers that are willing to do all that is possible for them to feel protected, secure, and that they can feel they deserve to spend some time to resolve what they really want to do with their life.

Sometimes it is hard for society to understand why a woman who is being battered stays with her husband, even when she is risking her own life. Well, culture, religion and love are the main obstacles for that woman to protect herself. When we fall in love, we want it to be forever and we are receiving messages that reinforce that. So, when we have to face that the person we love can hit us, it takes some time to be able to understand, especially when he asks for forgiveness on the first stage of violence. So, in this space, the basic attitude will be respect, no judgment, and enough space for her to be able to start her healing process. The healing process starts when she can see that it is possible to be in a space with no danger for her, and the chance of looking at her life to see what she really wants to do after this painful experience.

The world is changing, a lot of men are trying to understand how to live masculine in a different way, to be able to express their emotions with more freedom, show their tenderness, with his spouse and as a father model. And the most important thing, they are supporting women who are being battered and understand the need for change in their role models.

So, we are ready to start and hope to continue with the help of all of you, as you have made it possible. We are grateful for all the help and support that so many people have given and we hope that the project will go on surrounded by your care and love.



In the middle



The finishing of construction



The CAMO Honduran construction crew who worked endlessly for 15 months

Executives Without Borders (EWB) make possible relationship with Dow

Sometimes the story is too big to be told by internet, video, news releases or newsletters. Too many important things can be omitted. What is one to do when the story gets too big? This is where Executives Without Borders (EWB) has stepped in to help CAMO. January 27th, 2010, CAMO was invited to Dow Chemical in Midland, MI. We were accompanied by the President, Robert Goodwin and VP, Jimmy Park of EWB. We worked on five different stories, each with a purpose, so CAMO can share the results when completed. MJ Rancourt of Dow Chemical coordinated the effort. Ron Sim of Dow traveled to Honduras to film our patients in their natural settings. This month the first video of the five will be released. Please visit our web page at www.camo.org and our facebook: Central American Medical Outreach to view the first video. It is through talented professional volunteers that CAMO can keep your donations going to meet the greatest needs. We are so thankful to everyone involved with EWB and Dow Chemical for their support in sharing the human side of CAMO.



Ron filming in Honduras

Events

Mark your Summer Calendars Now:



2009 CAMO golf scramble.

CAMO Golf Outing

The 5th Annual CAMO Golf Scramble is Saturday, July 10th at The Pines Golf Club in Orrville.

Last year's golf outing raised \$9,137, after expenses, for the Women's Shelter in Santa Rosa de Copán.

Registration starts at 7:15 am. Shotgun begins at 8:00 am. If you are interested in having a team, sponsoring a hole, or volunteering to help with the event, please contact the CAMO Office for more details.

CAMO Salsa Sizzle

The 2nd—Annual Salsa Sizzle is Saturday, August 14th at The Wooster Inn. Tickets will go on sale in June. Last year's Salsa Sizzle raised \$4,633. This year our goal is \$6,000. Please remember this event is helping to support the Women's Shelter in Santa Rosa de Copán, Honduras. The inauguration of this facility is April 30th, 2010.



2009 Salsa Sizzle

To learn more please visit www.camo.org



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Closing

Many thanks to those who are always available to help us in our events, packing, truck loading and consulting. Thanks to our donors who have been so gracious with their gifts. We will keep on working diligently to provide care to those in need in the most cost effective way. Everyone working together is having a great impact on our part of the world.

*If you are interested in a CAMO presentation,
please call the office for a listing or for scheduling.*



CAMO is an accredited Better Business Bureau organization, having met all 21 of their standards.

Upcoming Events

Speaking Engagements:

May 16th - New Covenant Community Church, Akron
May 25th - Kiwanis
May 26th - Networking Wayne
June 23rd - Orrville Alumni Award

Shipments: June
September
December

Teams: June: Two University Students working with CAMO
on a 6 week project
August

Please visit our website www.camo.org

Please remember those in need during these difficult economic times, and continue to give hope to the forgotten.
Donations can be made online for your convenience. Your generosity is gratefully appreciated.

When you are done with this issue, please pass it along to someone you know who may be interested in our mission.