



# CAMO

A different kind of aid organization



Spring 2023 • Volume 32 • Issue 1

CAMO is a non-profit, faith-based organization. Bringing Hope to the Forgotten



## Founder's Note

by Kathryn Tschiegg

**The three-year break of USA teams coming to Honduras has provided the opportunity for USA team members to return to be reflective.**

Most of the time we only get a snapshot of what surrounds us, or we are so much in the moment that we do not take time to reflect upon the past and what has brought us to the present moment. The three-year break of USA teams coming to Honduras has provided the opportunity for USA team members to return to be reflective. It gave them a distinct contrast that they did not notice year to year. It also provided the opportunity for the professionals of Honduras to fill the gaps and to shine providing services and volunteering their time, doing the same thing that the USA teams did.

This has been a 30-year journey, from the duffle bag in my living room to a dream of building capacity in Honduras. Today looks so much different than 30 years ago. Instead of training and mentoring in the specialty areas, those programs and counterparts have now trained others. The champion of

our audiometry program that we started in 1995, Gloria Tabora, is retiring, and her son has been training for the last four years to take her place. We also have a biomedical crew that trained young men for years in the repair of medical equipment. Due to their mentorship, a biomedical engineering program was opened, and the first graduate was a young man they had mentored from age 15. He is now 30 years old and has started his own business. He is also now mentoring our younger biomedical engineers. This year, we had five biomedical engineers and technicians from Honduras working alongside our USA biomedical team. The examples go on.

We did have restrictions on travel for the last three years, but not one moment were we left without the capability to serve the population. This is due to the model of mentorship/counterpart with a focus on the formation of our human resources so the local

team can carry on with or without our help. There still is much to do in the formation of leadership and community development. Our only limitation to what we can do is the amount of funding we can generate internally and externally. At this time, we generate 80% of our operational budget internally.

These 30 years, as I reflect, have been a marvelous journey. So many people have joined us with a fierce dedication to this societal paradigm shift of band-aid brigades to a model of building capacity and long-term relationships.

I am so grateful for all of those people who believed in me and the model and have made CAMO what it is today. We get to see the profound impact daily in all the areas we work in. Due to our success, many agencies are joining us and aligning themselves with us.

## “The Ask” — The Hardest and Least Visual Area!

**Nancy Nikiforow, long-time friend of CAMO, volunteers every day helping with letters and looking for money.**

This is one of the most difficult jobs for a nonprofit: asking others for their financial help and looking for those people who are able and willing.

Nancy worked with Bianca Reyes, who graduated from a university in the USA with a degree in International Relations. Both of them worked hand-in-hand to search out new opportunities and follow-up with the present ones who support our mission. A big thank you for all your hours & hard work!



Nancy Nikiforow, Bianca Reyes and Kathy Tschiegg during a work meeting at CAMO Honduras.

## USA TEAM MEMBERS 2023

### **Audiology**

Stephen Wayne Wood

### **Biomed & Maintenance**

Robert Dean Warner  
Allen Reed Dicks  
Patrick Joseph Maloney  
Thomas Kress William  
James Francis Schell

### **Board Member**

Ronald Lee Taggart

### **Daycare & Elementary ED**

Karen A. Heller  
Karen Warner

### **Dental Team**

Dr. Ferenc Nicholas Relle  
Linda Sue Louttit  
Gary Howard Brown  
Cynthia L. Mullet  
Barbara Anne McKee  
Sharon Lorreta Erb

### **Dental / Data Entry**

Andrea Quinn Mitchell

### **Emergency**

Dr. Walter Tyler Winder

### **Photography**

Ken Cendeno

### **OB Education**

Mary Augusta Saylor, RN  
Mandy Michelle Ivanov

### **Pediatrician**

Dr. Angela Marie Sibilia

### **Pre Eye Clinic**

Dr. David Locke Cooke  
Dr. Benjamin Patrick Nicholson

### **Eye Surgery Team**

Dr. Eric David Snyder  
Dr. Christopher Fenton Woods  
Cheryl Jean Bosch, RN  
Rachel Lea Dykhuis, RN  
Lucy Ann Estrada, RN  
William James Zwiers, CRNA  
Judy Lynn Derr, RN  
Jane Therese Heckenliable, RN  
Michelle Marie Wiberg, RN

### **Grant & Projects**

Nancy Ellen Nikiforow

### **Nutrition**

Dr. Deborah Marino  
Dr. Joseph Marino



## MANY, MANY THANKS TO OUR TEAM MEMBERS!

Forty-three volunteers from the United States helped with the February 2023 brigade in Honduras.

### **Plastic Team**

Dr. Albert Suk Won Woo  
Luke Soliman, Med Student  
Debra Schrock Miller, RN

### **Paramedic**

Jason Bradley Miller

### **Respiratory Therapy**

Timothy Allan Larson, RT  
Karen Sue Schell, RT

### **Yoro Project**

Rachel Erin Foltz



## WE CAN'T SAVE LIVES WITHOUT YOU!



## Acquisition & Distribution

Thanks to Nick Giarelli, our counterpart in the ultrasound program. Nick has donated many ultrasound machines to our programs.

With the last donation, we have been able to provide three machines to three hospitals: Hospital de Occidente (obstetric care), Hospital Juan Manuel Gálvez (emergency room), and Hospital San Marcos (emergency room).

We also have been able to update the ultrasound equipment in the Maternal and Child Clinic of Corquín, Copán. This clinic serves an average of 30 pregnant women each week. Our biomedical staff also trained the doctors on the software and use of each ultrasound machine. Special thanks to our volunteer Honduran doctors, Dr. Omar Zuniga and Dr. Nery Gonzales, who donate their services to the ultrasound program.

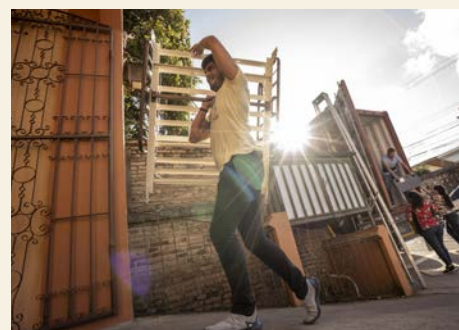
So many times in our 30-year journey we have had a need, and about 50% of the time the solution shows up at the precise moment of need to the office and processing headquarters of CAMO USA. The other 50% is a phone call with such good people on the other end just looking

for a good organization to donate very useful items to. We have been processing a container about every 10 weeks with one arriving in Honduras in November, December, February, and March. Between November and March, we assisted 30 institutions with educational and medical supplies. We could not do this without our volunteers and staff in the USA. Every day a multi-discipline group of volunteers and three staff take the random donated items and, with an orderly process of sorting, packing, labeling, and data entry, prepare a container of donated goods ready for orderly distribution and use in Honduras. Our system allows us to track a donation from point of entry to end user.

***Great job, everyone!***

**CAMO Honduras staff were happy to receive the new mammography and prosthetic and orthotic equipment.**

**Staff unloading medical equipment from the container in Honduras.**



# Project of Vital Importance

## Why Central Service within the Biomedical and Maintenance Department is Crucial

Last week our respiratory team went into the NICU and found a baby on a ventilator beet red with a fever. The NICU staff thought it was an infection. Tim and Karen, both respiratory therapists, examined the baby and the tube. They found the tube going down into the lungs was hot to touch, and the heat sensor wire and oxygen sensors on the ventilator were non-functional and needed to be replaced. We resolved and replaced the parts. The week went on like this with one thing after another associated with the lack of maintenance and repair of medical equipment.

Without maintenance, people die, and funds are wasted.

Since 1993, we have been developing biomedical expertise. A team of five biomedical engineers and three men with expertise in maintenance from CAMO had an intense week of repairing equipment. We were able to recover 80 pieces of medical equipment, 21 emergency gurneys, and 50 IV poles along with all new lighting in the emergency department and laboratory.

Hospital de Occidente is the main hospital center in Western Honduras and covers a population of 1,411,855 inhabitants, yet it does not have a space for maintenance and biomedical service. Rusted and abandoned equipment can be found in every public hospital in

Honduras. The national government has never given this priority.

For a workable space, the team used the trauma room that was being used as warehouse space. Once the new biomedical facility is built, we will reclaim the trauma room for its original purpose.

The Biomedical & Maintenance Center at Hospital de Occidente is being built with CAMO funds and matching funds from Hospital Support Committee and the Mayor's office.

For years, hospital equipment has been stored in patient wards, which results in the deterioration of the equipment, zero repairs or maintenance, and the infestation of cockroaches and rodents. Many pieces of equipment were designated to the ward just to sit, while in another ward a patient was in dire need.

This center will provide the hospital with adequate space for the maintenance and repair of medical equipment to avoid million-dollar losses that the hospital has had due to a lack of a maintenance budget, a preventive maintenance program, and conditioned physical space. The hospital has now increased the biomedical and maintenance budget from \$4,000 per year to \$244,000. We started the project last October. The roof will be complete within 2 weeks. We are in the final stages! The center will be inaugurated and fully operational this summer.



Alexander Giron, Eli Mejia, and Ligia Ramos, working on equipment in the hospital.



Juan Carlos Rivera and Allen Dicks repairing a mechanical ventilator, a vital piece of equipment to save lives.



Patrick, US volunteer, replacing lights in the emergency room.



Robert Warner and Allen Dicks repairing medical equipment during the international brigade.



Thomas Kress, James Schell and other volunteers repairing and painting 21 gurneys in Hospital de Occidente.



Thomas Kress, James Schell and other volunteers repairing and painting 21 gurneys in Hospital de Occidente.



**WITHOUT MAINTENANCE, PEOPLE DIE, AND FUNDS ARE WASTED.**

## Trade School

Upon completion of the biomedical department, we will move our construction crew to the Trade School to finish the last part of the new construction, which we started before COVID.

For the past three years, the school has not been fully functional due to the slow recovery of the educational systems and funding sources for the school.

We have been able to restore partners and funding this February and continue to work with the Director, Hector Joseph López Ruiz. We have already seen the advancements in facility usage and the implementation of new courses. As we finish the new building, we are still in need of funds for the remodel of the old building. Anyone interested in assisting with this funding for the completion of this project, please call the Director of CAMO USA at 330-621-1522. The key to the future is educating people in trades that will provide income for them and their families. This is not a glamorous project, but it is certainly a vital one.



Students learn Advanced Course Life Support (ACLS) at the Trade School.

Students learning to cut hair.

The Trade School offers baking courses as well.



## Eye Team and Journey

Eye care in Santa Rosa 30 years ago was Dr. Hector Robles and a microscope he needed to clamp to a table in a room shared both for endoscopy procedures and supplies. Now, three decades later, the contrast is overwhelming and amazing.

This year, the eye evaluations team was composed of Dr. David Cooke and Dr. Ben Nicholson. The surgical eye team consisted of ten individuals from Holland, Michigan and Chicago, Illinois. Dr. Eric Snyder and Cheryl Bosch led this specialty with CAMO. Nurses, interpreters, anesthesia, and two ophthalmologists from the States

were assisted by the entire OR staff at the Robles Eye Center. Unlike the early years, the team had everything at their fingertips in a beautiful facility with diagnostic eye equipment and fully equipped clinics and three surgical suites at the eye center. The Robles family, with retinal and glaucoma specialists, were available for difficult cases.

CAMO runs the eye clinic for the indigent population, which is 60% of Honduras. We have a waiting list of 500 patients needing cataract surgery. Every patient costs \$300, even with the donated time of doctors. We were able to restore vision to 137 patients

with surgical procedures. More than 552 patients a year are provided with this service through this collaborative partnership with CAMO and the Robles Eye Center. CAMO runs a deficit of \$32,000 per year providing this care. If any groups or individuals are interested in donating to this area, let us know. We have many surgeons who want to come down, but the supplies for this area are costly. We need your help.

Special thanks to Dr. Eric Snyder and his partners for financial support with supplies and medications for the patients.



**Dr. Benjamin Nicholson** evaluating patients.

**Honduran and US ophthalmology** volunteers.

**Dr. David Cooke** evaluating a child with visual deficits.

## Food for Healing

Dr. Joe Marino and Dr. Deborah Marino joined their counterpart, Bianca Ramirez, the CAMO nutritionist, after anxiously awaiting their return to Honduras. The need for nutritional education and assistance to our patients is vital to the patients and their future. The need is so great that we have to be very mindful of what we can do and the impact on the families that are at the greatest risk of food insecurity.

With the evaluation of our resources, we looked closely at how we could have the most impact working with the small municipalities and the health centers and staff to identify, distribute, and follow up with families at the highest level of food insecurity. We will be working with seven public health clinics in very poor, rural areas and also with a program for HIV-positive patients and their families in the Gracias area.

We will continue to work with patients that come to our door daily and who are in need of nutritional counseling and food sources.



**Dr. Joseph Marino** providing nutritional assessments to children in the San Jose orphanage in Santa Rosa de Copán.

## Pediatrics

Dr. Angela Sibilía joined the team at the last minute and shadowed the hospital pediatrician, Dr. Bautista.

She then visited the public health center which CAMO built in 2014. Here, she spent time evaluating children with the medical students serving under CAMO. This was a perfect match for her talents.



**Pediatrician, Dr. Angela Sibilía,** treating patients in Vicente Fernández Health Center.

**The entire month of April is being dedicated to Food For Healing. If any of you are interested, please visit our website at [camo.org/foodforhealing2023](http://camo.org/foodforhealing2023).**

## Respiratory Care: Hope is on the Horizon

We were grateful to have Tim Larson, RT back with us and Karen Schell, Professor in Respiratory Care, join us for the first time. The need is so great for this specialty in Honduras. On the first day, life-saving measures were implemented. One scenario was due to a lack of preventive maintenance on the ventilators connected to neonates causing life-threatening situations. Due to their intervention that day alone, three lives were saved.

The profession of respiratory therapy (RT) does not exist in Honduras. During the pandemic, this became a glaring void when the rest of the world was relying heavily on RTs to save thousands of lives. Since 1995, Tim Larson (a retired RT from Aultman Hospital in Canton) forfeited his vacation annually to travel to Honduras to train physicians and nurses in managing patients with respiratory diseases, writing protocols for ventilators, and troubleshooting RT equipment. In Ohio, his days off were spent in the CAMO warehouse sorting and fixing donated RT supplies. In honor of this selfless dedication, Tim was awarded the Koga Medal, the most prestigious award from the International Council of Respiratory Care (ICRC) in 2020. It recognizes an individual for excellence in promoting the globalization of quality respiratory care.

In 2021, one of the physicians that Tim trained in Honduras, Roberto Cruz, MD, was accepted by ICRC as an International Fellow. During Dr. Cruz's 2022 Fellowship, he visited the University of Maryland Medical Center (UMMC) in Baltimore, American Association for Respiratory Care (AARC) in New Orleans, and Kansas City to observe the practice of respiratory care in hospitals and meet with the respiratory care academic program at University of Kansas Medical School (KUMC). Last month, Dr. Cruz's U.S. host, Karen Schell, RT professor at KUMC, joined the brigade to Honduras. Not only did she work side-by-side with Dr. Cruz and Tim, she offered to mentor CAMO through the creation of RT in Honduras, as she has successfully accomplished in Ghana. For the past several



Tim Larson, Karen Sue Schell, Roberto Cruz and Kenia Calderón provide respiratory therapy training courses to nurses in Hospital de Occidente.

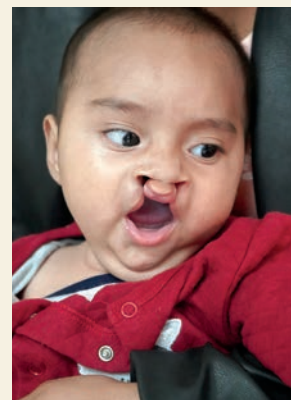
years, CAMO has been meeting with Honduran universities about the need for the RT profession in Honduras. In October 2022, CAMO met with the Minister of Health of Honduras, Dr. Manuel Matheu, and the Chancellor of UNITEC. Both have expressed interest in developing the RT curriculum and degree program in Honduras.

Hopefully, Honduran students will be able to begin a new bachelor's degree in RT in 2024.

## Dedicated to Providing Smiles: Plastic Surgery

Dr. Albert Woo, Luke Soliman (a medical student), and Deb Miller, RN joined a large Honduras support staff to perform 14 surgeries for the repair of cleft lip and palate. Dr. Albert Woo shared that, after the second day of surgery, it felt very different somehow from the USA. People here were just so grateful to not be turned away, with over 71 patients needing surgery and only being able to help a limited few.

Because gratitude is so immense, the fear that a patient will be angry if expectations are not met, fades. It becomes a rewarding experience instead of a worrisome procedure. This is an environment of gratitude. The team leaves knowing that a child will at least have a chance and was one of a chosen few; that they will not be an outcast or bullied at school for covering their face due to the malformation they were born with. Such gratitude brings us all to a heart of service. Thank you to all in this collaborative week of miracles and smiles.



Jason Gael, before and after cleft lip surgery.



Debra Miller, RN and Mirna Pineda, RN volunteered in the plastic surgery brigade.



Plastic surgery team completing one of 14 surgeries.

## Dental

Dr. Nick Relle from Wooster, Ohio was accompanied by three assistants, Linda Loutit, Cindy Mullet, and Loretta Erb to provide dental care. Their counterparts were the CAMO Honduran dentists and the dental students doing their social service with us. The team was also accompanied by Barbara McKee to help to entertain the children and Andrea Mitche to help with data entry. During their visits to five villages, they were able to provide dental care for 402 adults and children. Nick went the extra mile and met with the dental social service doctors to discuss different methods and treatments, creating a long-term professional relationship with them.

As the dental team worked on patients, Gary Brown, the expert in dental equipment repair, and his counterpart, Nelson Pineda, worked in five schools in Santa Rosa where there are dental units. These units fell into disrepair due to the pandemic and



Loretta Erb, treating a patient.

have not been reactivated. The five schools with the units represent 4,110 students. Loretta, Cindy, and Barbara stayed an extra week to work in the schools in Santa Rosa where the units had been repaired.

## Physical Therapy and the Pain-Free Transfer of our Bedridden Patients

The nursing home run by the Franciscan nuns has patients that are hard to move and have a lot of pain upon movement. The patient lift was a solution, but no one knew how to use it. Rachel Foltz, physical therapy assistant, spent a good part of her week working with the nursing home staff to train them in the proper use.

After the first week, she traveled to her project site in Yoro. Before her departure, she presented to us a case: Alexis. Here is Alexis' story:

Rachel Foltz was visiting a small village outside of Subirana, Yoro, Honduras, when she first met 7-year-old Alexis and his father, Marco. As Marco carefully carried his son out to the patio of their home, Rachel immediately knew the boy had hydrocephalus and shared the case with the leadership of CAMO. On seeing the photos, we asked Rachel to arrange immediate transportation of Alexis for an evaluation and surgery in order to save the boy's life.

This condition was nothing new to Marco, a single father who works as a security guard seven days a week. Several years prior, he had a one-year-old child, who suffered from the same condition as Alexis. Marco sold his farm to pay for the child's medical bills; however, after one month in the hospital and spending all he had, the child passed away. Due to Marco's current financial situation, he was unable to seek out medical care for Alexis.

On Rachel's return to Yoro, she explained to Marco the urgency in coming to CAMO for the evaluation in order to improve Alexis' quality of life. Thanks to Games for Love and other CAMO counterparts and sponsors, Alexis' head CT, evaluation, and surgery would be covered 100%.



When Marco learned that there was newfound hope for his son, he immediately agreed. His boss was also supportive of the trip, personally covering all of Marco's shifts to make it possible for Marco to travel the seven hours to CAMO. In under 24 hours, several community members in Subirana were also able to raise \$250.00 to cover other travel expenses.

Twenty-four hours after arriving in Santa Rosa de Copan, Alexis received a shunt to reduce the pressure on his brain under the neurosurgical program of CAMO. Hours after the surgery, Alexis was smiling and laughing as he always does. Our hope and prayer is that Alexis' vision, speech, and motor planning skills will improve in the weeks and months to come. Note: Five days post op he said papa for the first time and intentionally played with objects for the first time in his seven years of life.



Above: Rachel Foltz, physical therapist assistant, teaching nursing home staff the use of a hoier lift to improve patient and caregiver safety.

Below: Little Alexis with his father and Rachel, one-day post-surgery in the pediatric ward from the Hospital de Occidente.





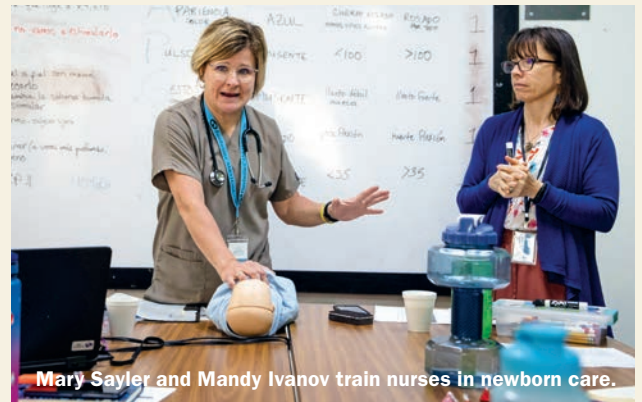
## Daycare

Karen Heller and Karen Warner worked with their counterpart in the daycare. We have seen such an impact on children and their early development.

Children at 4 and 5 years old have not learned to socialize, or perform simple tasks like using a spoon. Karen H., a retired teacher, was able to help her counterpart, Reina, in developing appropriate tools to help with the development of these little ones.

## OB/GYN

At the same time, Mary Sayler, RN and Mandy Ivanov, an interpreter, trained Honduran nurses in the recognition of postpartum hemorrhage, preeclampsia, and eclampsia as well as the appropriate nursing interventions. The training included newborn exams in immediate postpartum care. They spent one week in Hospital of Gracias and the second week of training in the Hospital of Santa de Rosa.



Mary Sayler and Mandy Ivanov train nurses in newborn care.

## 911 Assistance

Jason Miller joined us again to help with the 911 system here in Santa Rosa. At this time, there is no tracking system to know where your resources are. With only ten vehicles in Santa Rosa from different agencies, everyone is often responding to the same call, a waste of resources that leaves the population vulnerable. Jason tested different GPS devices to interconnect with their system which could be placed in each emergency vehicle.

Jason was successful. He found and tested a device that would be compatible with their system. For approximately \$150 with a monthly fee of \$6, we could take care of this waste of resources and provide a way for better coordination of their resources. Ten devices would cost \$60 a month and with an initial investment of 10 devices (a \$1,500 investment). We have found a simple low-cost solution. The impact on lives saved and served will be great. Thank you, Jason.



Jason Miller, paramedic, meets with 911 System officials.

## Emergency Ultrasounds

We focused on three areas of education in the past week working with the emergency department and general practitioner on doing diagnostic ultrasounds in an emergency. In Honduras, the specialty of emergency medicine does not exist. We see the impact of this with a very high rate of death in the first two hours of hospital care. This is due to using general practitioners who have not been trained in trauma or emergency care.

Dr. Tyler Winder a certified Emergency Medicine Physician, joined our team and focused on early diagnosis and treatment using ultrasound for appropriate intervention in the first hours of care.



ER doctor, Tyler Winder, providing emergency ultrasound training to doctors in Hospital de Occidente.

## Community Partner Support

When the Association of Sport (governing body of the gym which CAMO assists) called the CAMO USA office requesting equipment, my staff was not sure how to handle this. They started going to the typical outlets to buy equipment. This is where being an old-timer with contacts and knowledge comes in handy.

The very first equipment we shipped to Honduras was in early 2000. I remember that night. I was sitting in my office, and I started calling, looking for someone who would or could donate exercise equipment. That night, after many calls, I found a fellow Rotarian in Cleveland, Ohio. I told him of our mission.

Soon, I was on my way to Cleveland to meet with David Sova, owner of Health & Fitness Ohio, who donated many commercial pieces of equipment. Since then, they have been helpful with the acquisition of refurbished commercial equipment. The Association of Sports wanted 4 treadmills, 4 ellipticals, and 2 spin bikes.



CAMO donated new equipment to the community gym which is being used daily by many gym members.

Due to our relationship with David Sova and now his son, the cost saving through CAMO to bring service to the youth of Santa Rosa de Copan was \$13,639. Many children and adults use this facility, keeping an average of 400 children daily off the streets and in a healthy environment with the daily demonstration and education of values and ethical behavior.

Quality	Description	Purchase price CAMO's USA refurbished	Purchase price in Honduras. Used not refurbished
2	Commercial Spinning Bikes	\$1,306.37	\$3,102.04
4	Commercial Precor Treadmills	\$3,818.61	\$10,677.55
4	Commercial Elliptical (Precor & Cybex)	\$3,014.69	\$8,000.00
		<b>\$8,139.67</b>	<b>\$21,779.59</b>

## Can saving lives BE A PART OF YOUR LEGACY?



Year after year, CAMO has demonstrated itself as an effectual steward of resources in both saving and improving the lives of the people of Central America. To ensure that CAMO's critical mission continues into the future, CAMO Board of Directors and several key donors have invested over \$200,000 into endowed funds with three Ohio Foundations.

### CAMO's Endowment Funds at these Foundations serve multiple purposes:

- Support fundraising efforts
- Increase CAMO's visibility in communities throughout Ohio
- Help CAMO meet future needs and provide long-term sustainability
- Provide a relatively constant source of income
- Maximize investment management expertise

### Representatives from these Foundations can help CAMO donors with the following services:

- Consultation to support CAMO through a bequest in your will or trust
- Designation of CAMO as the beneficiary of your retirement plan assets
- Explore how your philanthropic goals can support CAMO
- Make a Gift to CAMO's Endowment Fund via check, stock transfer, or funds from your Donor Advised Fund

For more information on how your planned gift or bequest can play a meaningful role in CAMO's future, please contact Kathryn Tschiegg, CAMO at (330) 683-5956 or one of our Foundation partners:

**Melanie Reusser-Garcia**  
Wayne County Community Foundation  
(330) 262-3877

**Lisa Lynch**  
The Columbus Foundation  
(614) 251-4000

**Brenda Cummins**  
The Cleveland Foundation  
(216) 615-7158

*Information you share will be kept confidential and we respect any decision to remain anonymous.*

## APRIL

### Food for Healing

The entire month of April

Food for Healing is a one-month campaign held annually to support the CAMO nutrition program in Honduras.

This program is the only such program in all of western Honduras. It provides desperately needed nutritional assessment, treatment, and education that directly impacted 2,996 individuals last year. The program has been a success and can be even better with your support.

All proceeds go directly to the following: support for full-time nutritionist; nutrition outreach services in schools and communities; medical foods, formulas and supplies; and the nutritional rehabilitation of malnourished individuals.



VISIT  
[camo.org/foodforhealing2023](http://camo.org/foodforhealing2023)

## MAY

### CAMO Open House

Sunday, May 21, 2023, 1-4 pm  
322 Westwood Ave • Orrville, OH



The month of May is our 30-year anniversary of services.

Please join us for an open house at our facility in Orrville, Ohio on Sunday, May 21st from 1-4 pm.

Enjoy music, food, and tours to understand more of what and how we do what we do.

VISIT  
[camo.org/30for30](http://camo.org/30for30)



Special Thanks  
to Ken Cendeno  
for the many great  
photographs of  
this years teams.

## JUNE

### 18th Annual Golf Scramble

Saturday, June 10, 2023  
The Pines Golf Club • Orrville, OH

Get ready for our 18th Annual CAMO Golf Scramble! If you love to golf and have a heart to serve our mission, then this event is for you. This year we will host the event on Saturday, June 10, 2023, at The Pines Golf Club, Orrville.

Last year we had 23 teams participating with 67 sponsors. With great people and perfect weather, the event was a huge success. Through your participation and support, we raised **\$23,247** in 2022.

Your help and support go a very long way for those who otherwise could not imagine the care they receive through CAMO.

We hope to see you there! Thank you!



VISIT  
[camo.org/golf2023](http://camo.org/golf2023)  
Online registration now open

## AUGUST

### 2nd Annual Yoro Golf Scramble

Sunday, August 13, 2023 • 8:30 Tee Off  
Oak Shadows Golf Club • New Philadelphia, OH

Dover native Rachel Foltz has created a branch of CAMO in the Yoro region to bring similar services to those in need. All proceeds will go to CAMO: Yoro and the initiation of a physical therapy and a dental program.

Online registration opens June 11th

## SEPTEMBER

### 15th Annual Salsa Sizzle Dinner & Auction

Saturday, September 16, 2023  
The Excelsior Room • Wooster, OH

The night is filled with live Latin Jazz music, delicious Latin-inspired food, optional dancing, and both a live and silent auction. All proceeds from this event benefit the programs and services which are in the most need of funding.

We put the FUN back into Fundraising!! Make sure to Save the Date!

Online registration opens August 1st

**CAMO**  
Central American  
Medical Outreach, Inc.  
322 Westwood Avenue  
Orrville, OH 44667

Non Profit Org.  
U.S. Postage  
**PAID**  
Wooster, OH  
44691  
Permit No. 223



Address Service  
Requested

## Give A Gift That Really Matters!



**Help CAMO continue to provide life-saving and life-changing services in Honduras.** Throughout the year, be thoughtful about your purchases and consider investing in something that has an impact. Give the gift of caring by re-imagining gift-giving for yourself and for your loved ones. Think about that expensive cup of coffee: one cup could buy a book for our literacy program. Honor a friend or family member by making a memorial gift.

*Your help is vital to keep providing life-changing services to those in the greatest need.*

Beneficiary of CAMO's literacy project.

Visit [CAMO.ORG](http://CAMO.ORG) or call the CAMO office **330-683-5956**



Like **Central American Medical Outreach** on Facebook and SHARE with your friends!



See CAMO's story as it unfolds. Follow **camobringshope** on Instagram



Be a part of CAMO's exciting journey by subscribing to the **CAMO USA** channel



Follow **Central American Medical Outreach** on LinkedIn

### WAYS YOU CAN HELP

**Make a donation • Host a fundraiser!**  
Need ideas? Call the CAMO office or email [camo@camo.org](mailto:camo@camo.org)!

**Volunteer onsite or offsite**  
CAMO needs volunteers!

**Your legacy could include CAMO!**  
Please consider including us in your estate planning.

**Know someone who would like to learn about CAMO?**  
Please send us their contact info!

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