CENTRAL AMERICAN MEDICAL OUTREACH, INC.

# CAMO

A *different* kind of aid organization

Winter 2026 • Volume 35 • Issue 3 CAMO is a non-profit, faith-based organization. Bringing Hope to the Forgotten

# And It Came to Pass

## REFLECTIONS FROM THE FOUNDER — KATHRYN M. TSCHIEGG

**Throughout the Bible, we repeatedly encounter five simple yet profound words: "And it came to pass." I have often reflected on their significance.**



Kathryn M. Tschiegg, founder of CAMO.

Nothing in life remains exactly as it is. Seasons change, people come and go, and we experience extraordinary progress alongside hardship, disappointment, and uncertainty. When facing difficult circumstances, we may feel they will never end. Yet both the good times and the difficult times come to pass.

What remains constant, if we choose to hold on to it, is our faith.

Faith in God's sovereignty does not promise a life without challenges. It gives us strength, wisdom, and courage to persevere. Faith is not passive; it requires action, conviction, and sometimes standing firm when doing so is neither easy nor popular.

Looking back on more than four decades in Honduras and the journey of building CAMO, I have witnessed both the best and worst of humanity. I have seen corruption, greed, and self-interest, often at the expense of those already suffering. I have also witnessed extraordinary goodness in ordinary people who stood beside me through seemingly impossible circumstances, motivated by compassion, integrity, and faith.

Those are the people who built CAMO and continue to sustain it.

Through every challenge, one principle has remained unchanged: CAMO exists to serve the patient and meet the fundamental needs of humanity.

Race, religion, political beliefs, nationality, or social standing have never determined who deserves care. Human suffering does not discriminate, and neither should compassion.

Our needs are basic: food, water, shelter, safety, health, education, and dignity. Meeting these needs requires practical solutions, financial accountability, and measurable results. Every dollar entrusted to CAMO carries an obligation to create genuine impact.

No nation or political system is immune to corruption, nor does any one group have a monopoly on goodness. Leaders change, governments rise and fall, and priorities shift. Yet the consequences of corruption often remain with those least able to defend themselves. Goodness and compassion also cross every border. Ultimately, it is individuals who choose whether to contribute to the problems or become part of the solutions.

We cannot simply wait for bad things to pass. We must choose to become part of the goodness that brings change.

Today, as I move beyond traditional retirement age, I find myself reflecting on what it means to remain purposeful.

**I do not believe that purpose retires.**

Our responsibilities may change, but our ability to contribute does not end with age. Experience teaches us which battles are worth fighting, which distractions to leave behind, and where our knowledge can make the greatest difference. I still see tremendous needs and seemingly hopeless situations. Yet I believe that through compassion, knowledge, faith, and perseverance, much of what appears impossible can be changed.

"And it came to pass" is not simply a reflection on what has ended. It is a reminder of what is yet to come.

CAMO's greatest legacy will not be measured solely by patients treated, buildings constructed, or programs established, but by lives transformed, dignity restored, and systems of care that endure.

To everyone who has walked beside me through the victories and struggles, thank you. You have demonstrated that goodness is not merely something we believe in. It is something we do.

The difficult times will come to pass. The good times will come to pass. Our own seasons of life will come to pass. But the good we choose to do can continue long after we are gone.

That is my prayer for CAMO, my hope for humanity, and the legacy we must continue building together.

*With gratitude, faith, and unwavering hope for the future.*

Special thanks to Printing Concepts who donates 50% of the design cost.

# When Seconds Matter: Building a Stronger Emergency Response in Honduras

## CAMO’s October international team brings specialized training, equipment, and collaboration to frontline healthcare workers.

At the scene of a serious accident, the actions taken in the first few minutes can determine whether a patient survives or suffers further injury. Yet in Honduras, many first responders work without adequate training, equipment, or coordination between emergency services. Patients are sometimes moved without protecting their spine or stabilizing broken bones, placing them at even greater risk.

For years, Honduran professionals have recognized these problems but lacked the resources to solve them.

This October, CAMO brought together U.S. specialists and their Honduran counterparts to address these gaps, from the accident scene to the emergency room and intensive care units.



Members of CAMO’s international brigade take a moment to pose for a group photo before beginning the first day of the medical brigade.

# Building a Team Before an Emergency

## At a serious accident, reaching trapped victims quickly can mean the difference between life and death.

In Honduras, mountainous terrain and limited rescue equipment make that challenge even greater.

CAMO brought the first Jaws of Life rescue tool to this region more than 10 years ago, followed by another generator-powered unit last year. This October, CAMO delivered the region’s first battery-operated Jaws of Life, allowing firefighters to reach accident victims without hauling heavy generators and equipment down steep mountainsides.

The donation brought Fire Captain Jimmy to tears. The head of Honduras’ national fire service also met with CAMO, explaining how rare this technology remains. He reported only one other battery-operated unit in Tegucigalpa, another being sought for San Pedro Sula, and rescue equipment donated to Roatán by another nonprofit.

U.S. firefighters Zachary Geib, Michael Schlabach, Joshua Martell, and paramedic Jason Miller trained alongside 14 Honduran firefighters, 41 police officers, four Red Cross responders, and 911 and COPECO personnel.

By combining lifesaving equipment with hands-on training, CAMO is giving first responders the tools and skills to reach victims faster and bring them safely to medical care.

The training went a step further when emergency physicians Drs. Rosalia Mahr, Shering Torres, Scott Sutton, and Nileshkumar Patel from The Ohio State University Medical Center joined the exercises. Together, the groups practiced emergency scenarios that connected rescue workers with hospital teams. Volunteers even built practice “patients” out of gelatin, fiber and food dye for IV access, central lines and abscesses. The other course was built on simulated pediatric, adult, trauma and resuscitation cases, each followed by a debrief, and every participant had a turn leading one.

The goal was not simply to teach individual skills, but to build a coordinated response that protects patients from the accident scene through hospital treatment.







Top two images: First responders in training — firefighters and police officers receive instructions; Red Cross responders practice on a manikin. Bottom image: Volunteers — Dr. Rosalia Mahr, Drs. Scott Sutton, Dr. Nileshkumar Patel, Dr. Shering Torres prepare gelatin moulage for emergency scenarios using molds and food coloring for IV and central line practice in CAMO’s conference room.

# Building a Stronger Emergency Department

## 18 years of collaboration are improving trauma care at Hospital de Occidente.



When a critically injured patient arrives at an emergency room, every minute matters. The right facilities, equipment, and medical training can mean the difference between life and death.

In 2008, CAMO designed and built the emergency department at Hospital de Occidente with separate areas for triage, rapid treatment, emergency care, and trauma. Its unique design includes direct ambulance access and a separate entrance for walk-in patients.

For the past three years, Dr. Rosalia Mahr of The Ohio State University Medical Center and her medical residents have worked with Honduran physicians to improve the treatment of patients with multiple traumatic injuries. This collaboration produced a practical polytrauma procedure manual for the hospital.

This October, Drs. Scott Sutton and Nileshkumar Patel joined the team for the first time, along with Dr. Shering Torres. Together, they provided four days of hands-on ultrasound training for 18 physicians, including doctors from two rural hospitals.

Physicians practiced FAST exams, identifying internal bleeding and evaluating the heart, lungs, and abdomen. Focused on point-of-care ultrasound (POCUS), teaching doctors how to use ultrasound at the patient's bedside to make rapid medical decisions.

But this is not a one-time training effort. Emergency medicine is not yet established as a formal medical specialty in Honduras. Dr. Mahr has committed to continuing her collaboration with CAMO and Honduran physicians, advancing emergency care through ongoing education, improved treatment protocols, and stronger clinical skills.

Your support makes this long-term commitment possible. What began with building an emergency department continues through the development of the professionals who work there. Each new skill strengthens their ability to respond to emergencies, not just today, but for years to come.

CAMO's goal is not simply to provide training for a week, but to help build a stronger emergency care system that Honduras can sustain for generations.



**Trainees practice ultrasound and simulation exercises at Hospital de Occidente, while U.S. and Honduran team members pose alongside participants and simulation manikins.**

# Reading the Heart: When Every Beat Matters

## An abnormal heartbeat can signal a life-threatening emergency, but recognizing it requires proper training.

Even incorrectly placed electrodes can lead to misleading EKG readings.

Nanette Sprunger, RN, brought years of cardiac laboratory experience to CAMO's October training. Offering classes every two hours, she taught nurses and medical students correct electrode placement, how to identify and interpret leads I, II, and III on cardiac monitors, and how to recognize basic heart rhythms and dangerous abnormalities.

By week's end, 69 nurses and medical students had received practical training.

For patients, these basic skills can make a critical difference. Accurate monitoring and early recognition of dangerous heart rhythms help healthcare professionals respond when every second counts.



**Nanette Sprunger, RN, shows nurses and medical students how to place EKG electrodes on a manikin.**

# Neonatal Care: Protecting Newborn Lives

## In neonatal care, the smallest changes can have serious consequences.

A newborn’s temperature drops, blood sugar falls, or breathing becomes difficult. Recognizing these warning signs and knowing how to respond can mean the difference between life and death.

Neonatal intensive care nurses Monica Covertry, Megan Frank, and Amy Jamison worked alongside Honduran nurses, combining bedside instruction with classroom training. They introduced the S.T.A.B.L.E. program at two hospitals, covering blood sugar, temperature, airway, blood pressure, laboratory testing, and emotional support.

Each day’s clinical experiences helped shape the next day’s lessons. By the end of the week, visiting and Honduran nurses were working together to identify practical improvements in newborn care.

Mandy Miller and physician-interpreter Dr. Anabis Vera González also supported the training and exchange of medical knowledge.

The team addressed another difficult reality: helping families cope with the death of a child. Seven bereavement training groups helped hospital staff prepare to support grieving parents with compassion and understanding.

The visiting nurses did not come to take over patient care. They came to teach alongside their Honduran colleagues, building skills and confidence that remain long after the team returns home.

For critically ill newborns and their families, that lasting knowledge can make all the difference.



Neonatal nurses receive hands-on newborn care training during S.T.A.B.L.E. instruction at Hospital Juan Manuel Gálvez in Gracias, Lempira, with Megan Frank and Amy Jamison, assisted by Anabis Vera.



Two U.S. volunteers provide clinical training in the Neonatal Intensive Care Unit (NICU) at Hospital de Occidente.

# Respiratory Therapy: Every Breath Matters

## Respiratory care specialists Jaclyn Williams, Dana Wade, Timothy Larson, and Karen Schell worked alongside Honduran professionals to improve the care of adults and infants requiring mechanical ventilation and prepare future instructors of the universities to train others in this specialty.

In the United States, respiratory therapists play a critical role in emergencies, ventilator management, and helping medical teams determine when patients can breathe without mechanical support. In Honduras, respiratory therapy is still not formally recognized as a profession. CAMO has worked with public and private universities to develop a curriculum and continues to seek official approval for this essential career.





Above: Tim Larson repairs medical equipment at Hospital Juan Manuel Gálvez in Gracias, Lempira. Below: Respiratory therapy training and equipment support. Dana Wade provides bedside care to a patient in the Intensive Care Unit (ICU).



# Bereavement Training: Caring Through Loss

## Recognizing the emotional burden carried by healthcare workers who regularly witness preventable suffering and death, the team also offered two bereavement training sessions daily throughout the week.

**Hospital staff gather around a conference table for a bereavement training session.**

# Technology That Saves Lives: Ultrasound and Equipment

## Equipment must support the skills being taught.

Nicholas (Nick) Giarelli of Wave Imaging, accompanied by Margaret Giarelli, worked with CAMO's ultrasound programs and equipment needs.

Following the emergency ultrasound training, Nick is helping CAMO pursue ultrasound units for Hospital de Occidente and the hospitals in San Marcos and Gracias, where physicians are learning to use this technology in emergency care.

Throughout the week, one thing became clear: Honduran healthcare professionals were eager to learn. As needs were identified, visiting specialists adapted their training, shared their expertise, and worked directly with local counterparts.

For frontline workers, knowing how to save a patient but lacking the training or tools to do so carries an enormous emotional burden. These partnerships offer practical ways to change that reality.



**The BIOMED team at CAMO's workshop in Honduras repairs an ultrasound machine. From right to left: Gustavo López, María Alvarado, and Nick Giarelli test the equipment's electronics using a multimeter.**

# A Second Chance to Walk: María Rita's Story

## For some patients, restoring movement is a matter of survival.

At 72, María Rita Espinoza lives alone in a small, dirt-floored home in rural Lempira, Honduras. She raises chickens to survive. When a fall left her with a serious spinal injury, she endured the pain until she could barely move.

For María Rita, losing her mobility threatened her very survival. Unlike what many Americans may take for granted, people living in extreme poverty in Honduras often have no reliable pension, home care, or social safety net. When they can no longer care for themselves, their lives are at risk.

With help from neighbors, María Rita reached CAMO's neurosurgery program at Hospital de Occidente. U.S. specialists Dr. JC Tabet and Mary Tabet RN and CRNA Amanda Thomas joined Honduran neurosurgeons Dr. Roberto Álvarez and Dr. Jennifer Tábora. CAMO and INSSA provided essential surgical instruments.

María Rita was one of 12 patients who received spinal surgery. Her pain eased, and she began regaining movement.

"I was so afraid I would never be able to get up again, but thank God, today I can be a testimony to recovery," she shared.

For María Rita, recovery means more than walking again. It means being able to care for herself, maintain her independence, and survive.



**BEFORE**



**AFTER**

**Before and after: María Rita Espinoza in her hospital bed (left) and standing outdoors after her spinal surgery (right).**



**A surgical team performs spinal surgery at Hospital de Occidente.**

# Two Hearing Aids, One Unforgettable Smile

## Donated hearing aids and skilled USA volunteers are changing lives in Honduras.



Don Wroth of 3D Diagnostics holds four-year-old Christhian Josue and gives a thumbs-up in the audiology department.

A little four year old boy Christhian Josue, entered CAMO's audiology department with his head down, barely interacting with anyone. After being fitted with two hearing aids, his face lit up. Suddenly, there were smiles, high-fives, and a special connection with Don Wroth, whom the little boy treated like a long lost friend.

For Don, his company 3D Diagnostics sponsoring his visit, it was a moving experience to witness the lives his work touches.

Alongside its regular patient care, CAMO provides hearing aids donated by Americans who have upgraded their devices or lost loved ones. These donations give patients access to hearing aids they could never afford. Seven patients received 13 hearing aids from the ones we would of thrown away. Through its partnership with 3D Diagnostics, CAMO receives essential equipment calibration, repairs, and upgrades that keep the department operating.

U.S. audiologist Helene Levnfus also returned for her third visit, working alongside CAMO audiologist Getsania Ponce to strengthen skills and improve patient care.

The progress in CAMO's audiology department over the years is like night and day. Behind that progress are donors, skilled professionals, and Honduran counterparts working together. And sometimes, the results are as simple and powerful as a little boy's smile.

# More Than Basketball: Building Skills for Life

## For teenagers growing up in the communities where gangs, violence, and limited opportunities are part of everyday life, having a positive place to belong can make a difference.



Coach Dave Smalley poses with the teenage players of CAMO's basketball program.

During CAMO's October International Brigade, U.S. basketball coach Dave Smalley spent a week working with teenagers ages 15–17, while also training three Honduran coaches to strengthen their skills in teaching and mentoring young players.

Throughout the week, Dave worked with the students to improve their basketball skills, discipline, and teamwork. The experience ended with a Friday championship, giving the teens a chance to put what they had learned into practice. The greatest impact goes beyond one week of basketball. By training local coaches, Dave helped build skills that can be passed on to future groups of young players.

Through sports, CAMO is investing in both teenagers and the adults who guide them, creating opportunities for personal growth, positive choices, and stronger communities.

## *More than Volunteers. Relationships that Last.*



90% of CAMO's volunteers return year after year, building lasting friendships, professional partnerships, and a shared commitment to improving healthcare in Honduras.

This is unique about CAMO: These are not strangers arriving to provide a week of service. They are colleagues, mentors, and friends who return because they care deeply about the people they work alongside.

CAMO's commitment does not end when the visiting teams return home. The knowledge remains with Honduran professionals who care for patients every day. Equipment, continued education, and stronger working relationships give them the ability to put that knowledge into practice.

**This is the power of CAMO's partnership model: bringing people, skills, and resources together to solve problems that have gone unanswered for years.**

Every trained professional can influence the care of hundreds of future patients. Every stronger connection between emergency services and hospitals creates another opportunity to prevent unnecessary suffering.

*One week of collaboration can become years of better care.*

**MEDICAL SERVICES**

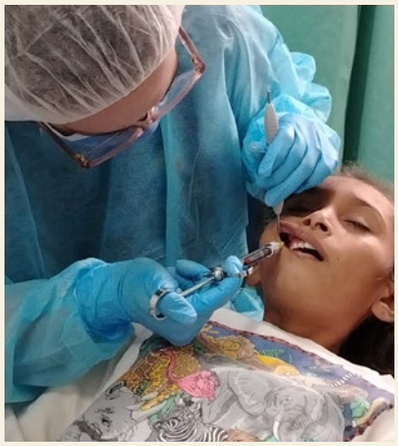
The stories below offer a small window into CAMO's 26 programs, which serve Honduran communities year-round, five days a week. ***The work continues whether or not an international team is visiting.*** During fiscal year 2025–2026, CAMO delivered 254,905 healthcare services, a 17.1% increase over the previous year.

## Finding Health Problems Before They Affect Learning

**A child who cannot hear the teacher or see the board may fall behind in school because of an untreated health problem.**

Over four months, CAMO SUR brought screenings and preventive care into schools, delivering 6,186 health consultations and referring 1,239 children for specialized care. Working with Dr. Candy Cruz at Nueva Concepción Health Center, students from Rubenia H. Turcios School received dental cleanings, extractions, and follow-up care. Through San Benito José Hospital, eight children with cataracts received specialized evaluations. Partnerships with Living Water and Fundesur further supported the program's outreach to schools.

CAMO works to connect children and their families with follow-up services because identifying a problem only matters when we can provide a solution to a health problem.



A dentist gives local anesthesia to a schoolchild during CAMO SUR's school health program.

## Helping Children Walk, Grow, and Gain Independence

**CAMO and FAKS Foundation provide prosthetic and orthopedic care for children in Honduras.**

For a child who needs an artificial limb or supportive brace, something as simple as walking to school or playing with friends can be a daily challenge. In Honduras, the cost of these devices places them beyond the reach of many families.

With the FAKS Foundation, CAMO has invested $29,070 to help 27 young patients receive 33 custom devices and fittings. Two more children are preparing for prosthetic legs. Physical therapy, adjustments, repairs, and transportation assistance are part of the care. As children grow, their devices must be adjusted to meet their changing needs.



BEFORE



AFTER

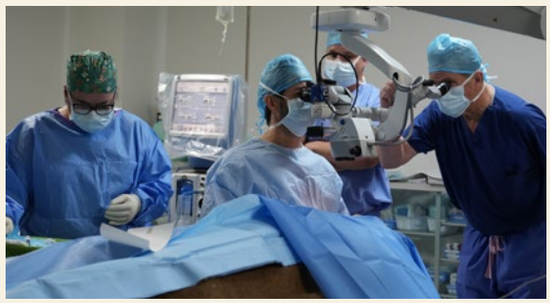
Óscar Haniel Serrano holds his prosthetic socket in the left photo and stands with his new prosthetic legs between parallel bars in the right photo.

## Shortening the Wait for Eye Surgery

**CAMO reduces its surgical backlog by 8.2%, bringing more patients closer to treatment.**

Imagine losing your eyesight and knowing that surgery could help, but having no way to pay for it. For many Honduran families, failing vision means losing the ability to work, move safely, or care for themselves.

With the Robles Eye Center and volunteer specialists, CAMO reduced its surgical waiting list from 171 to 157 cases—an 8.2% decrease. Drs. John Vukich and Nathaniel Moxon joined a cataract surgery effort reaching approximately 20 patients. Yet 84 cataract cases remain on the waiting list. The progress is real, and so is the need.



Surgeons perform cataract surgery using an operating microscope.

## Early Detection: CAMO Expands Breast Cancer Screening

**A mammogram may identify a problem before symptoms appear.**

In October, CAMO worked with nine municipalities to provide 350 mammograms and breast health education. Over the past year, 1,849 mammograms identified nine suspicious findings requiring further evaluation. The goal is not only to screen women but to help them take the next step toward diagnosis and timely care.



Women gather at a public health center where CAMO provides mammography services for a breast health education event during Breast Cancer Awareness Month.

# More Than a Bucket of Food: Fighting Hunger and Malnutrition

## CAMO combines emergency food assistance with nutrition programs reaching thousands of Honduran families.

For years, José Patrocinio worked on coffee farms despite epilepsy and developmental challenges. But when his eyesight failed and his elderly parents could no longer support him, severe malnutrition left him bedridden. CAMO began delivering food buckets, and slowly José regained his strength. Today, he is walking again.

José's struggle reflects a growing crisis. With drought threatening 234 Honduran municipalities, families face failing crops, hunger, and illness.

Through CAMO's Food Pharmacy, developed with Christian Apostolic Harvest Call, 1,392 food buckets supported 696 patients and 732 families over the past year.

But CAMO's work goes beyond emergency food assistance. Through its partnership with Vitamin Angels, CAMO is coordinating prenatal vitamins, Vitamin A supplements, and deworming treatments intended to reach 151,373 mothers and children through 15 partner organizations across Copán, Ocotepeque, and Lempira.

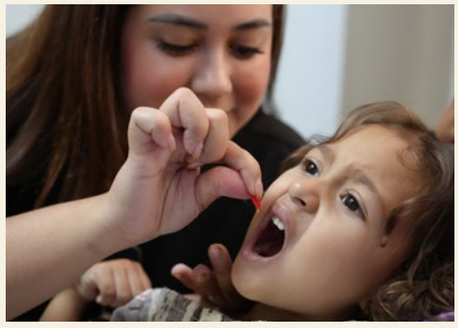
Together, these programs address both immediate hunger and long-term nutritional needs, helping protect mothers and children during critical stages of development.




Before and after: José Patrocinio, frail and malnourished (left), and stronger after receiving food buckets (right).

**For José, a bucket of food meant the strength to get out of bed.**

**For thousands of others, these partnerships provide essential nutrition that their families could not otherwise afford.**



A health worker gives a young child a supplement through the Vitamin Angels partnership.

# Closing the Gap in Neurological Care

## For a family facing unexplained seizures, seeing a neurologist may be financially impossible.

CAMO's pediatric neurologist Dr. Óscar Ponce and adult neurologist Dr. Lester Coello helped provide care to 627 patients last fiscal year.

Working with Hospital de Occidente, CAMO helps patients obtain medication and connects them with vision, hearing, nutrition, dental, and psychological services as needed. Families receive more than a diagnosis: they gain access to ongoing treatment as the demand for neurological care continues to grow.



Dr. Óscar Ponce, a pediatric neurologist, consults with a young patient and her mother.

# More Than 1,400 People Ready to Save a Life

## 66 resuscitation courses in just five months, with a peak of 523 people trained in a single month.



A participant practices resuscitation on a manikin during a CPR course at CAMO Training Center while other participants observe.

No one plans to witness an emergency, but anyone can find themselves in one: a family member collapses, a coworker stops breathing. What happens in those minutes often depends on whether someone knows what to do. That is why the CPR program at CAMO Training Center exists, and the first months of the fiscal year show that this preparation is reaching far.

More than six in ten participants were women (897), and the impact multiplies: each person trained carries what they learned into their home, their workplace and their community.

Each trained person represents another opportunity to save a life, strengthening emergency readiness in hospitals, workplaces, homes, and communities throughout Honduras.

| BY THE NUMBERS | |
|---|---|
| People Trained | 1,413 |
| Courses Held | 66 |
| Basic Life Support (BLS) | 661 people |
| Advanced Cardiac Life Support (ACLS) | 516 people |
| Pediatric Advanced Life Support (PALS) | 110 people |
| First aid with CPR and AED | 126 people |

# Building Stronger Readers, One School at a Time

## At CAMO's annual reading competition in Corquín, 68 students from 53 schools demonstrated reading speed and comprehension.




The event celebrates progress, but the daily work happens in classrooms through donated books and libraries. CAMO's rural Literacy Program supported 1,672 children in 16 schools during the fiscal year.

**Learning to read well helps children succeed in every subject.**

The top five winners of CAMO's reading comprehension competition in Corquín pose with teachers, CAMO staff Rachel Foltz and Yesmi Giron, and organizers: Manuel Adrián Peña, first-place winner, Hansel Matías Mejía, Cesia Abigail Gómez, Sofía Pérez, and Valeria Reyes.



# the Place of Dreams

Aerial view of construction progress on CAMO's new facility.

## CAMO's Most Critical Need in 34 Years

### An $800,000 Christmas Challenge to secure CAMO's future.

Imagine needing police and fire department assistance just to receive a shipment of donated medical supplies. That is CAMO's reality today.

Since our headquarters opened in 2003, the surrounding population has doubled. Narrow streets, increased traffic, and overhead utility lines now make commercial freight deliveries extremely difficult. Our warehouse has reached its limits.

**Yet the need for CAMO's services has never been greater.**

The United Nations' 2025 humanitarian assessment identified 1.6 million people facing serious needs in Honduras, including challenges involving health and nutrition.

CAMO's own annual report demonstrates the impact of our response. During fiscal year 2025–2026, we provided 254,905 healthcare services, a 17.1% increase, and distributed $1.88 million in medical supplies and equipment to 73 organizations across 11 departments of Honduras. Behind these numbers are rural clinics receiving essential equipment, patients gaining access to treatment, and healthcare professionals receiving the tools they need to serve their communities.

Our new facility is much more than a warehouse. It will become the operational center for CAMO's work, housing our vehicle fleet, maintenance and biomedical engineering departments, prosthetic and wheelchair fabrication, and the logistics needed to receive, repair, store, and distribute medical supplies throughout Honduras.

Completing Phase One is also essential before we can convert our existing warehouse into two floors dedicated to desperately needed medical services and professional education.

We need $800,000 to finish Phase One. If funding is secured by February 2027, construction could be completed by July 2027. This construction covers .90 acres. The structure has been designed for future growth and can support two more floors in the future.

**This Christmas, we are asking you to help us reach that goal.**

Your gift will do more than complete a building. It will strengthen the foundation behind hundreds of thousands of healthcare services and help CAMO respond to needs that continue to grow. After 34 years, we cannot allow inadequate facilities to limit what we know can be accomplished.

**Help us make this Christmas the beginning of CAMO's next 34 years of service.**

## Healthcare Closer to 30 Rural Communities

### After seven years of planning, a construction company has been selected for a health center that will serve more than 15,000 people across 30 rural communities.

The center is planned to provide medical clinics, ultrasound, dental, and vaccination services. The Municipality of Yoro has pledged 50% of the needed funding. Final budgets and timelines are still being developed. The next step is turning years of community planning into healthcare closer to home for this rural community.




Architectural rendering of the planned Yoro Community Health Center.



Residents gather on the porch of an existing clinic at the site of the future Yoro Community Health Center.

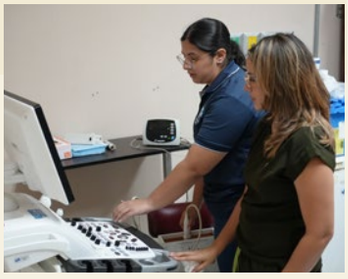
# Medical Equipment, More Opportunities for Care

## A Pediatric Ultrasound Brings Specialized Heart Care Closer to Children in Honduras

A new ultrasound at Hospital de Occidente brings specialized heart studies closer to children, thanks to CAMO and supporters in the United States.

For children with heart conditions, specialized testing is essential, yet often difficult for families to access. Through CAMO and U.S. donors, Hospital de Occidente received an ultrasound machine for its Pediatric Cardiology Department, led by Dr. Paola Pagoaga. The service provided 403 patient visits last year. The new equipment strengthens doctors' ability to evaluate heart conditions and guide treatment.

One donated machine can serve hundreds of children, bringing specialized care closer to families who need it.



**Dr. Paola Pagoaga (right) and biomedical technician María Alvarado operate the new pediatric ultrasound at Hospital de Occidente.**

# New Endoscopy Equipment Strengthens Gastroenterology Care

## Patients with digestive disorders often need endoscopy procedures to identify and treat serious conditions.

Through CAMO's partnership with Fundación Goldstein and Molino Harinero de Sula, Platinum sponsor of Ruta Copán 2026, Hospital de Occidente received a new endoscope and additional medical equipment.

CAMO's gastroenterology program provided 1,843 services last year. This equipment strengthens the hospital's ability to diagnose and treat patients in western Honduras. It is another example of how Honduran businesses and CAMO work together to address unmet medical needs.



**A medical team performs an endoscopy at Hospital de Occidente.**

# Fundraising EVENTS

### SALSA SIZZLE

CAMO's 18th Annual Salsa Sizzle raised over $61,000!

Thank you to our guests, sponsors, donors, volunteers, and committee members for supporting medical shipments to Honduras and our expansion project.



### RUTA COPAN

In Honduras, Ruta Copán brought together 153 classic and antique vehicles and 180 participants, raising $14,000 for CAMO.

Thank you to everyone who helped drive our mission forward!




# PLANNED GIVING: ENSURING CAMO'S MISSION CONTINUES FOR GENERATIONS

Years from now, a child we will never meet will need medical care. A mother will need treatment she cannot afford. A young healthcare professional will need training to save a life.

**Will CAMO still be there for them?**

For 34 years, CAMO has turned generosity into action. Today, our 26 programs provide healthcare, education, rehabilitation, and community services to some of Honduras' most vulnerable people. Last year alone, CAMO delivered **254,905 healthcare services**, demonstrating both the impact of our work and the continuing need.

But building an organization that lasts requires more than meeting today's needs. It requires financial stability, responsible planning, and people who believe that their generosity can continue making a difference long after their lifetime.

**Planned giving is one of the most meaningful ways to ensure CAMO's future.**

Whether through a gift in your estate plan or a contribution to one of CAMO's three endowment funds—held at the **Columbus Foundation, Cleveland Foundation, and Wayne County Community Foundation**—you can help build lasting financial support for the mission.

These gifts help protect CAMO's ability to serve future generations, even as economic conditions and immediate needs change.

**The greatest legacy we leave is not what we accumulate, but what we make possible for others.**

Your compassion today can become someone's care tomorrow.

**LEARN MORE ABOUT PLANNED GIVING AND CAMO'S ENDOWMENT FUNDS AT CAMO.ORG**

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Visit **CAMO.ORG** or call the CAMO office **330-683-5956**

## ADDITIONAL WAYS YOU CAN HELP

**Make a donation • Host a fundraiser!**
Need ideas? Call the CAMO office or email camo@camo.org!

**Volunteer onsite or offsite • CAMO needs volunteers!**

**Your legacy could include CAMO!**
Please consider including us in your estate planning.

**Know someone who would like to learn about CAMO?**
Please send us their contact info!

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CAMO is accredited by the Better Business Bureau and meets all 21 standards.

***When you are done with this issue, please pass it along to someone you know who may be interested in our mission.***